

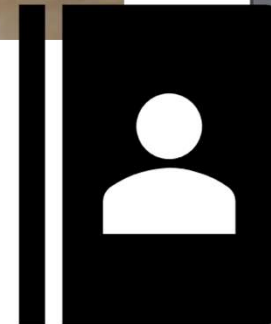


Shropshire
Council

SEND and Inclusion Network Meetings

March and April 2025

Welcome and Housekeeping



On today's agenda...

- EQA Updates
- Local Authority Updates: PINS and ELSEC
- NDPs
- Mental Health – Kooth
- ND Pathway: Amy Morris (BeeU Service Manager, ND Pathway)
- SEND IASS
- CPD
- Networking and refreshments
- Future network meetings and evaluation





Shropshire
Council

EQA Updates

GSP Panel

- New panels start this week.
- In order to attend the new panel you must submit the new paperwork – this is available to download on the Local Offer.
- Any requests received on the old paperwork for the remainder of this academic year will go to RAP panel as usual.
- After the end of this academic year, old paperwork will not be accepted.
- All GSP requests must be submitted via the SEND Portal.
- Any problems with accessing the portal, please contact: gemma.breckell@shropshire.gov.uk

Primary:

- 03/04/25: 9am-12pm
- 01/05/25: 9am-12pm
- 05/06/25: 9am-12pm
- 03/07/25: 9am-12pm

Secondary:

- 10/04/25: 9am-12pm
- 15/05/25: 9am-12pm
- 19/06/25: 9am-12pm
- 17/07/25: 9am-12pm

Welcome to the Shropshire SEND Portal

The Shropshire SEND Portal is a secure Sharepoint site for education settings to send and receive documents from the EHCP Team.

Advantages of the Shropshire SEND Portal

- **Security:** The portal ensures that documents are securely exchanged.
- **Ease of Use:** It is quick and easy to use.
- **No Restrictions:** Documents are not restricted to being opened by only one person.
- **No Size Limits:** There are no size restrictions on the documents you can upload.
- **Multiple Uploads:** You can upload multiple documents at once.
- **Weekly Audit Reports:** You will receive a weekly audit report of documents you have uploaded.
- **Easy Transfer:** Documents received are already in SharePoint, making it easy to transfer them to your own area.
- **Useful Resources:** This site homepage includes news, training, and other useful links.

Who can access the portal?

All Shropshire primary schools, secondary schools, colleges, special schools and independent schools can access the portal. We will also give access to any out of county schools that have a child with special educational needs in attendance that lives in Shropshire. Early Years settings are currently the only cohort that do not yet have access to the portal.

Folder naming conventions

When uploading, you must use one folder per pupil and place your documents inside the folder. Please use these naming conventions:

• Annual Reviews: Joe Bloggs 25.07.2019 Yr 1 AR 03.09.2024

Books



- A father and son want to distribute a book to primary schools (the book is for 4–5-year-olds), beginning the end of June.
- Would you be interested in your primary school hosting Michael (author) and Brian to discuss the book as part of assemblies? They would need about ½ an hour to present.
- Please see the link below for more information about Michael, the author, and his books:

www.thosecleverdogs.com





Shropshire
Council

Local Authority Updates

PINS – round 2

- The Partnerships for Inclusion of Neurodiversity in Schools (PINS) project is now recruiting for Infant, Junior and Primary Schools for its second year.
- If your school would like to take part, please e-mail sarah.court@shropshire.gov.uk by Friday 4th April (further details were e-mailed to schools last week via the weekly education update to Headteachers).

Benefits of working with the Partnerships for Inclusion of Neurodiversity in Schools project (PINS): Cleobury Mortimer Primary School:

Empowering Neurodiverse Students Together



PINS Overview: nationally funded pilot project

Inclusion

PINS promotes inclusive classroom learning environments for all students to thrive academically, based around the key principles of Autism in Schools



Support

The project provides individualised support & tailored methods responding to unique training needs to better understand SEND. Providing resources for staff development and growth.



Collaboration

PINS fosters partnerships among schools, families, and communities to support the experiences of neurodiverse learners.



Key Benefits of PINS in our school:

- Initial swot analysis of key areas of SEND provision in our school provided an overview of strengths and weaknesses.
- Training options were bespoke to our school's needs and FOC.
- A whole school approach to improving staff knowledge and skills.
- PACC provided enhanced engagement between school and families.
- Staff are upskilled & confident to apply a range of inclusive strategies.
- Key areas of benefit: managing pupils' methods of communication through the development of relationship building & sensory integration.
- It was free to participate!

List of training our staff have benefited from so far:

- **Supporting the Wellbeing of Neurodiverse Children: Gurmat Singh – BEEU**
- **Writing an Inclusive Behaviour Policy – Darren Lennon**
- **Compassionate Support: Practical Strategies for Creating Inclusive & Supporting Environments For Neurodiverse and ALL Pupils: Niki McGarvey – Specialist SEMH Advisor (MATi)**
- **PACC Workshop – Making the relationship work: Sarah Thomas & Simone Goward (PACC)**
- **Behaviour as Communication: Sarah Thomas & Simone Goward (PACC)**
- **Communication Supporting Classroom Observation Tool: Gillian Hackett/Alison Parkinson (SALT)**
- **Autism and Anxiety:Autism West Midlands**
- **Education around Sensory with Foods & PICA:Kelly Gregg (School Nurse)**
- **Understanding Sensory Processing: Katrina Drummond (OT)**
- **full day of neurodiversity training (1 place).**

Successful Partnerships

Severn

Training & Schools Alliance

The Alliance draws on a large pool of talent and expertise to deliver support for schools, professional development for staff at all stages of their career, and engages in research and development projects.

- Coordination of events, training dates, venues, etc.
- Sharing of resources
- Access to latest research & handouts
- Decemination of key information

Co-ordinated health and education specialists and expert parent carers into our school to:

- **Help to shape our whole school SEND provision**
- **Provide early interventions at a whole school level**
- **Upskilled school staff**
- **Support strengthening of partnerships between schools and parent carers**

Successful Partnerships



Sensory Audit of environments

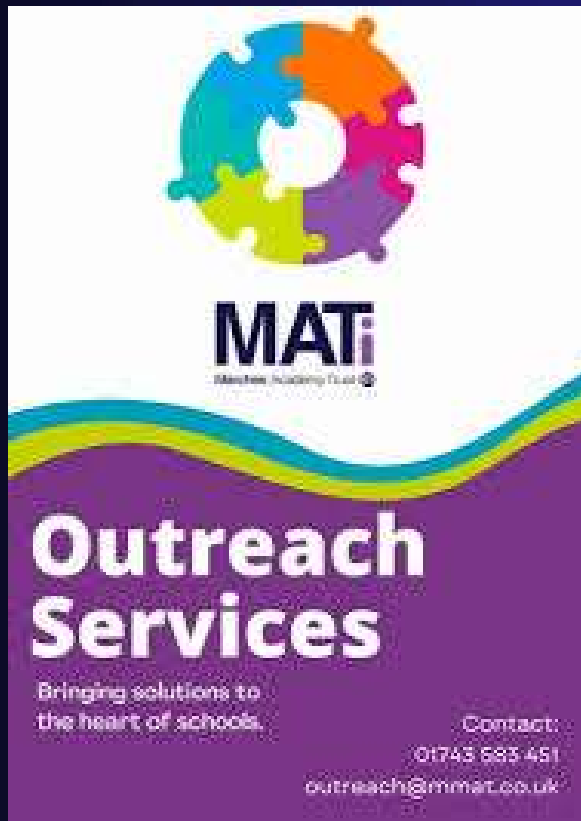
Sensory Processing Training

Huge impact on understanding individual pupil needs and how to manage them successfully.

Excellent training with handouts:

- Training delivery details
- Sensory processing in education setting - slides handout
- Sensory and physical audit tool
- Heavy work activities list for teachers
- Sensory friendly classroom
- Positioning and position for work
- Interoception - slides handout - for short and longer session

Successful Partnerships



Links with Specialist Outreach support for bespoke whole school, group and individualised training, support, coaching and expertise.

Successful Partnerships



PACC developed a Facebook page for families to comment.

PACC developed parents & carers forum meetings.

Key findings were shared and school and developments made particularly with increased communication & communication methods around SEND. This directly responded to parent/carer needs.

Benefits of PINS

Inclusive teaching strategies Whole school emphasis

Sensory-friendly environments

Individualised support

Collaboration with families and carers

Professional development training

support networks

Regular feedback and assessment

Resources

Awareness campaigns for school communities

Data collection methods

Impact

- Pupils' learning behaviours improved
- Improved parents & Carers relationships with school – data gathering questionnaires.
- Improved attendance figures – persistent absence improved.
- Improved termly Intervention data – further impact on data to be measured for the longer term.
- Greater awareness of support and resources available generally.
- Staff upskilled with knowledge and practical strategies – improved confidence.
- Network of schools beginning to develop collaborative approaches – benefits to rural/isolated schools.
- Greater communication and interaction from Health partners.
- Clearer understanding of our schools changing SEND needs and training needs post covid.
- Clear action plan & timeline, developed with a range of professional input.

ELSEC – round 2

- The ELSEC project will be recruiting for more schools soon.
- An email from ELSEC will go out to all settings at the start of the summer term to gather expressions of interest. It will give you a central email to respond to.
- In the meantime if you have any questions please contact: joanne.preston@telford.gov.uk



Shropshire
Council

Neurodiversity Practitioners (NDPs)

Neurodiversity Practitioners (NDPs)

Dr Kathryn Morgan, Specialist Senior Educational Psychologist

kathryn.morgan@shropshire.gov.uk

Helen Vincent, Neurodiversity Practitioner

helen.vincent@shropshire.gov.uk

Hollie Jones, Neurodiversity Practitioner

hollie.jones@shropshire.gov.uk

Rachel Tomkinson, Neurodiversity Practitioner

rachel.tomkinson@shropshire.gov.uk

Who are we?



Helen



Hollie



Rachel

We are all qualified teachers with a wealth of experience working with children and young people of different ages and across different settings. Between us, we have experience of being SENDCos, parents, tutors, designated leads for care experienced children and having responsibilities for safeguarding.

- We are a team of 3, within the Educational Psychology Service
- We have just completed a successful pilot project in schools across Shropshire and have been involved in supporting the Partnerships for Inclusion of Neurodiversity in Schools (PINS) project
- We support schools to make systemic changes, helping to embed neuroaffirmative principles, including guidance on environments, pupil voice and inclusive practice support
- We are part of different workstream groups across the local authority, including the Neurodiversity Workstream and All Age Autism Strategy and liaise with a range of different professionals across education, health and social care

We are:

Person-centred

The child or young person is at the heart of discussions and decision making

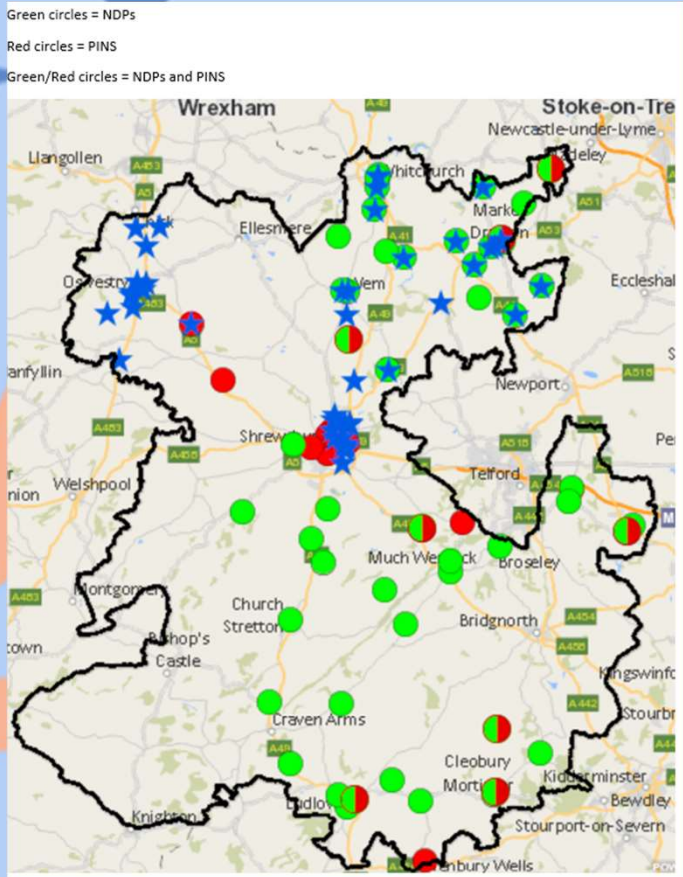
Needs-led

No diagnosis needed

Solution-focused

We build on existing strengths and work with settings and/or pupils and their parents/carers towards shared goals

The story so far...



- We have supported 49 schools (primary and secondary) in the north, south and central Shropshire
- We have worked with over 70 pupils with autism and/or ADHD across Key Stage 2 and 3, supporting parents/carers and key adults who work with them
- Between us, we have worked with 17 schools across Shropshire and Telford as part of PINS, providing coaching and CPD
- In November 2024, we led training on neurodiversity as part of Future in Minds

How have we helped?

Raised awareness
of neurodiversity
across the staff
team

Advised on whole
school strategies to
support emotional
regulation

Supported staff to
develop
approaches which
promote pupil
engagement

Signposted staff to
free support,
resources and
further training

Supported the
creation of
neutral, calming
environments

Created action
plans with schools,
identifying
achievable next
steps

Reviewed existing
provision for
learners and built
on what is working
well

Worked 1:1 with
pupils, celebrating
their strengths and
empowering their
voice

What schools have said about us!

“The input has been invaluable, and we have thoroughly enjoyed working with her. We hope to work with her again in the future”.

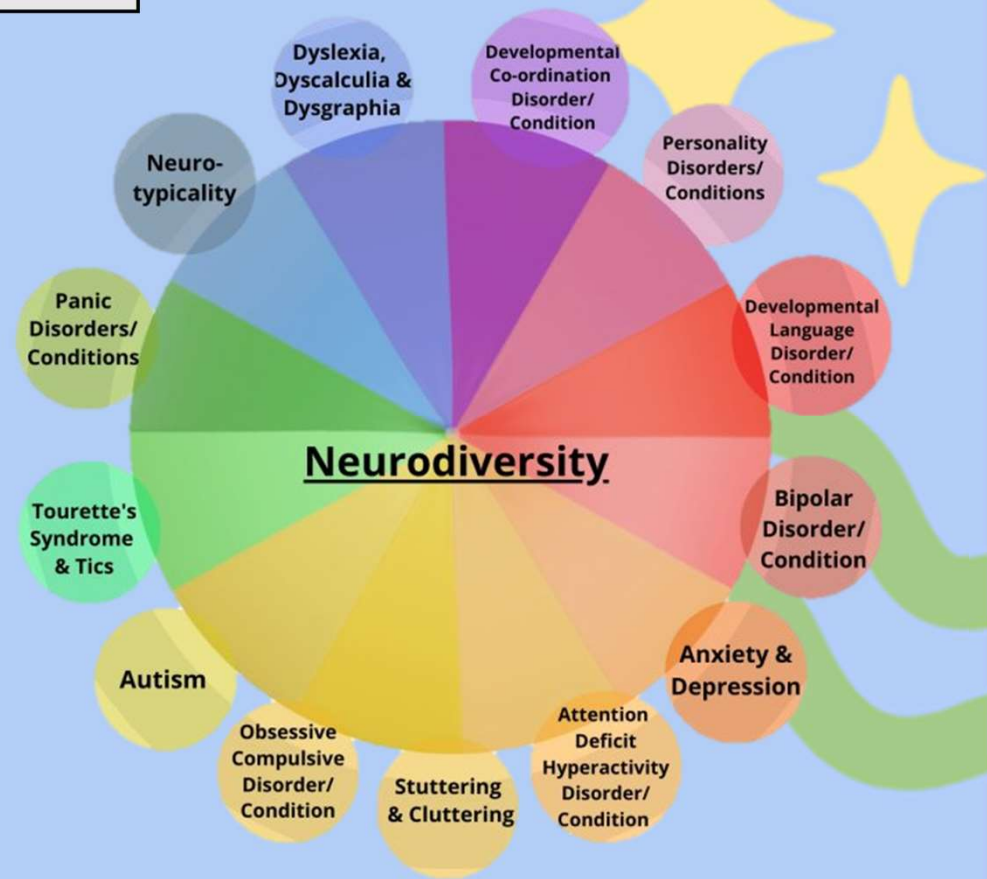
“Lovely empathetic ladies that 'get' the busy demands within a school environment for SENDCos. Lovely to discuss issues and how best to support our neurodivergent children.”

“Great to have the opportunity to discuss school-based SEND issues to devise an action plan to support the growing number of neurodivergent children at our school”.

“It has been invaluable to work with someone who has grown to understand the needs of our school and work with us to tailor support which meets the children's needs.”

Our Offer from April 1st

- An affordable package of support to meet the needs of your setting
- Preventative support for pupils in settings from 0-25 years of age range and with needs across the constellation of neurodivergence



Packages of Support

- Coaching for staff around the needs of the whole school, cohorts, groups or individuals. *For example: guidance on strategies to support emotional regulation, sensory environments and raising awareness of neurodiversity*
- CPD for staff
- 1:1 work with pupils, with a written report and recommendations for the setting
- Support with transitions

Shropshire Neurodiversity Practitioners Package request form

Educational Psychology Service
 Educational Psychology
 Gables
 Frankwell Quay
 Shrewsbury
 Shropshire
 SY3 2ND
 Tel: 01743 258414
 Email: enps@shropshire.gov.uk

Educational Setting: _____
 Headteacher: _____
 School Business Manager: _____
 School Business Manager Email: _____
 Date: _____

Please tick the relevant box for your required package:

Package	Sessions	Cost	✓
Package A Three coaching sessions	3	£300	<input type="checkbox"/>
Package B Three coaching sessions and two CPD sessions	5	£500	<input type="checkbox"/>
Package C Three coaching sessions and three individual support	12	£1000	<input type="checkbox"/>
Package D Three coaching sessions, two CPD sessions and three individual sessions	14	£1200	<input type="checkbox"/>
Package E Three coaching sessions agreed with school / setting		Brochure packages are priced individually	<input type="checkbox"/>

Brochure packages agreed with school / setting

Brochure packages agreed with: _____

Details of brochure package: _____

Please complete the section below in order for payment to be requested for the required package.

Maintained Schools – payment must be made by Journal Transfer

Cost Centre: _____

Subjective: _____

Any other information to be included on journal transfer: _____

Any other information to be included on invoice: _____

Invoice Order No. _____



Any other information to be included on invoice: _____

Please return by email to enps@shropshire.gov.uk

Thank you for using the Shropshire Neurodiversity Practitioners Service.



Find us on The Learning Gateway: [Neurodiversity Practitioners | Shropshire Learning Gateway](#)

Our CPD training offers currently include, but are not limited to ... What is Neurodiversity? Masking Learning environments Behaviour as Communication Neuro-affirmative language Enabling child / young
person voice Understanding sensory needs Supporting emotional regulation of
neurodiverse learners

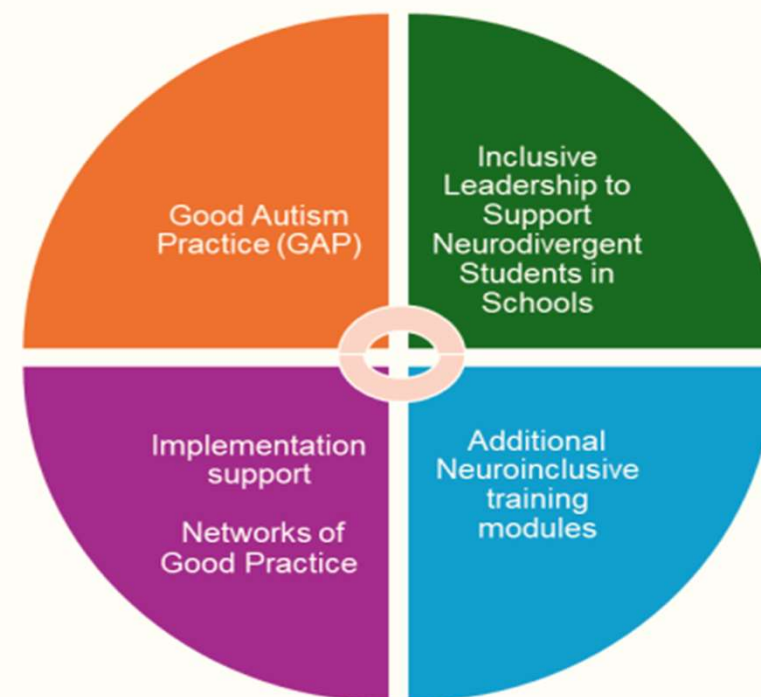
Packages

	Sessions	Cost
<u>Package A</u> 3 Coaching sessions	3	£300
<u>Package B</u> 3 Coaching sessions and 2 CPD sessions	5	£500
<u>Package C</u> 3 Coaching sessions and 3 individual casework	12	£1000
<u>Package D</u> 3 Coaching sessions, 2 CPD sessions and 3 individual casework	14	£1200
<u>Package E</u> Bespoke package agreed with school	Bespoke packages are priced individually	

Neuroinclusive Training Offer

The NDPs are members of the Autism Education Training (AET) delivery team in Shropshire. We can support settings with the implementation of the knowledge and skills following GAP training.

We can deliver the additional AET modules, including 'Understanding Anxiety' and 'Transitions in Schools' as well as some of the additional neuroinclusive training modules.



Neurodiversity Practitioners (NDPs) Post Support Survey

- Has your school been part of the NDP pilot project? The NDPs are in the process of gathering data from schools to measure the impact of their involvement, asking key staff members the same questions asked at the beginning of the project. If you are a SENDCo or headteacher who has not yet responded to these questions, you can do so by clicking on this link:

[NDP post-project questions](#)

- The NDPs also have an evaluation form which will help to gather more detailed feedback from school staff, pupils and parents/carers following the involvement of the NDPs. We would love to hear your thoughts! Please feel free to share this link, or complete this survey, with the young person, family members and colleagues who have been supported through the NDP pilot project: [NDP feedback survey](#)



Shropshire
Council

Supporting mental health



Bee-U

- ❖ BeeU provides emotional wellbeing and mental health services for children and young people (ages 0 to 25) in Shropshire, Telford and Wrekin.

The service provides:

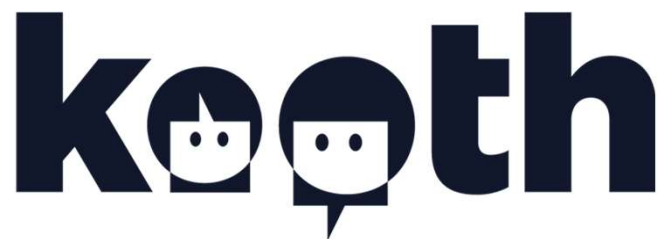
- ❖ Emotional wellbeing and mental health services for children and young people (0-25)
- ❖ Neurodevelopmental assessments for children – autism for 5-18 year olds, and Attention Deficit Hyperactivity Disorder (ADHD) for 6-18 year olds
- ❖ Community Eating Disorder Services for 0-18 year olds

Kooth



Children and young people can **directly access Kooth without the need for a referral being made.**

Kooth is an online emotional wellbeing community for children and young people aged 11 to 25 where they can access free, safe, and anonymous support. [Visit the Kooth website to sign up.](#)



**Free, safe, anonymous and
online mental health support**

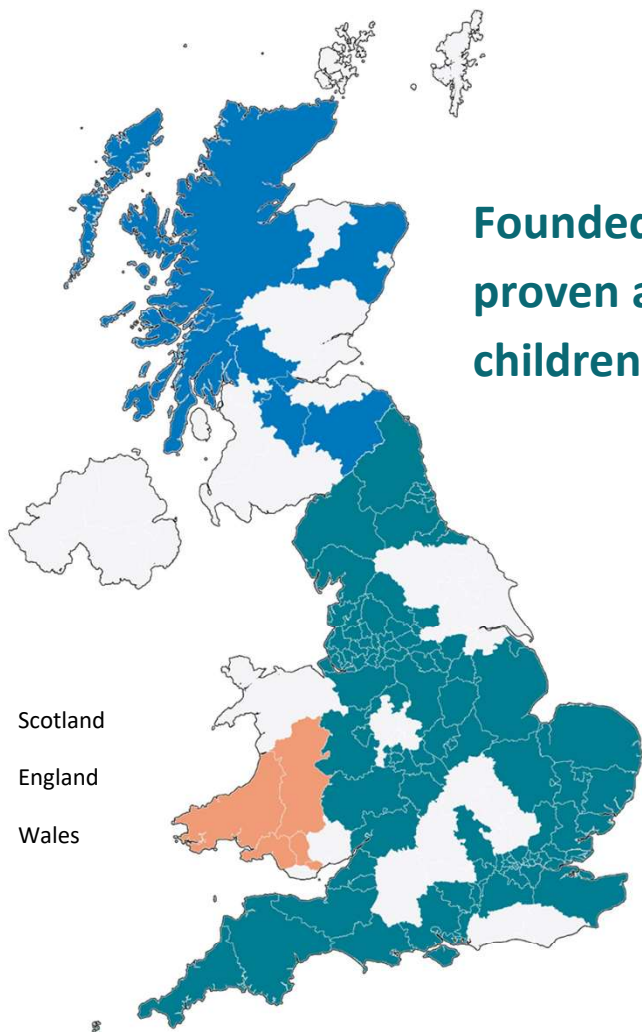
**Available to 11-19 year olds in
Shropshire, Telford and Wrekin**

kooth.com



Midlands Partnership University
NHS Foundation Trust





Areas where Kooth is commissioned today for young people

Founded in 2001, Kooth is trusted and proven at scale to support the nation's children and young people



BACP accredited service

Kooth have delivered **1.1 million hours of mental health support** and moderated 1.4 million messages



We're a trusted partner of the NHS

Kooth is available free to **7.2M** 11 - 25 year olds in **85%** of England, **55%** of Wales & **50%** of Scotland



22 years of data

Our experience with the NHS has allowed us to deliver support in line with LTP priorities. Kooth is the No 1 contributor to **NHS England Digital MHSDS**



SEND: Special Education Needs & Disabilities

A child or young person has special educational needs and disabilities if they have a learning difficulty and/or a disability that means they need special health and education support, we shorten this to SEND

We provide immediate support

No GP or clinical referral is needed, there's no waiting list or threshold to meet

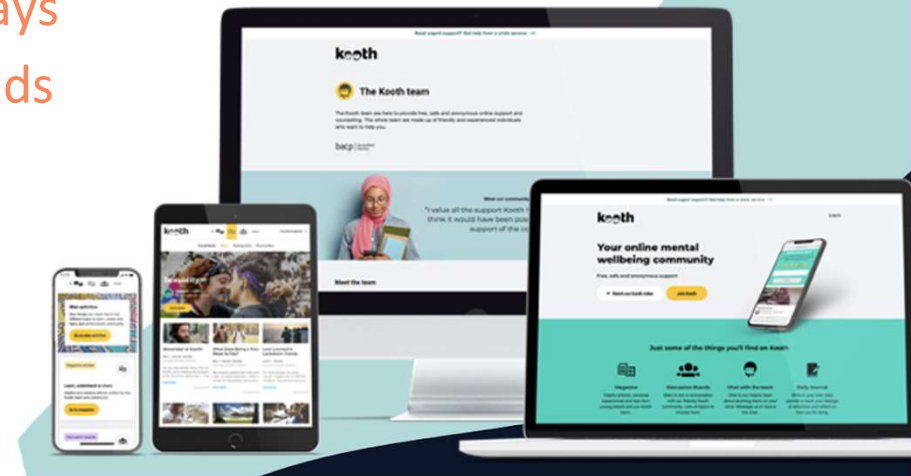
Free, 24/7 365 days a year

12pm -10pm, weekdays

6pm - 10pm, weekends

Note:

- Live 1-1 chats are available from 12pm – 10pm weekdays and 6pm – 10pm weekends.
- There could be an hour's wait to get a 1-1 chat, and possibly longer during busy periods. Chats with a practitioner are not 24/7

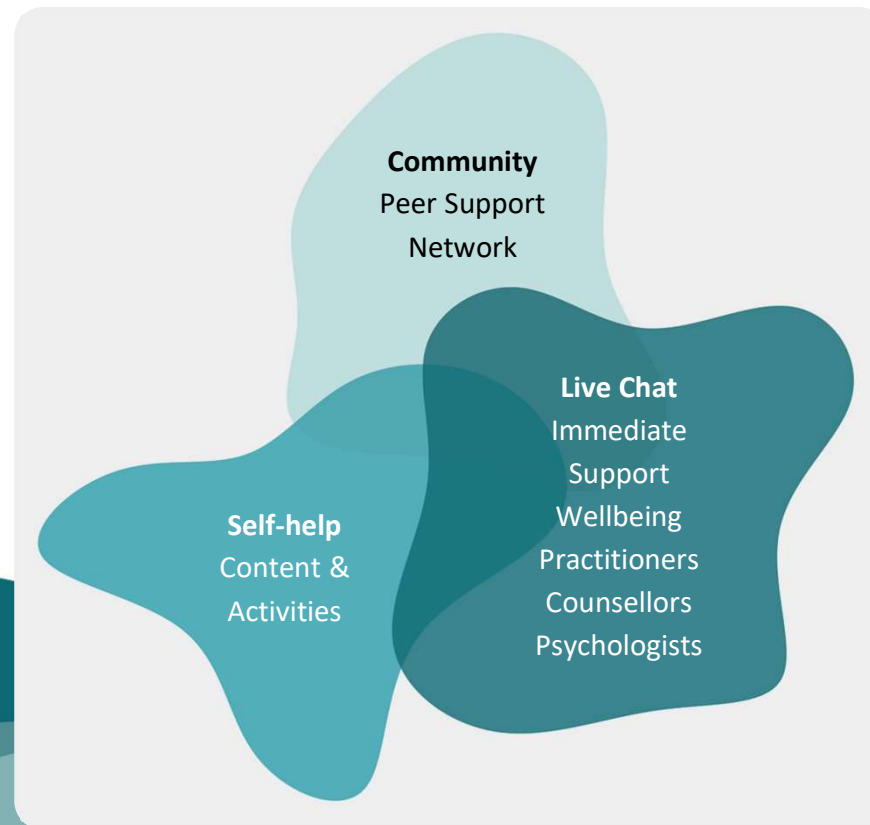


Personalised, accessible support

Anonymity: Removing stigma and barriers

Speed of support: No referral needed, no thresholds and same day access to mental health support

Autonomy: Users empowered to choose support options

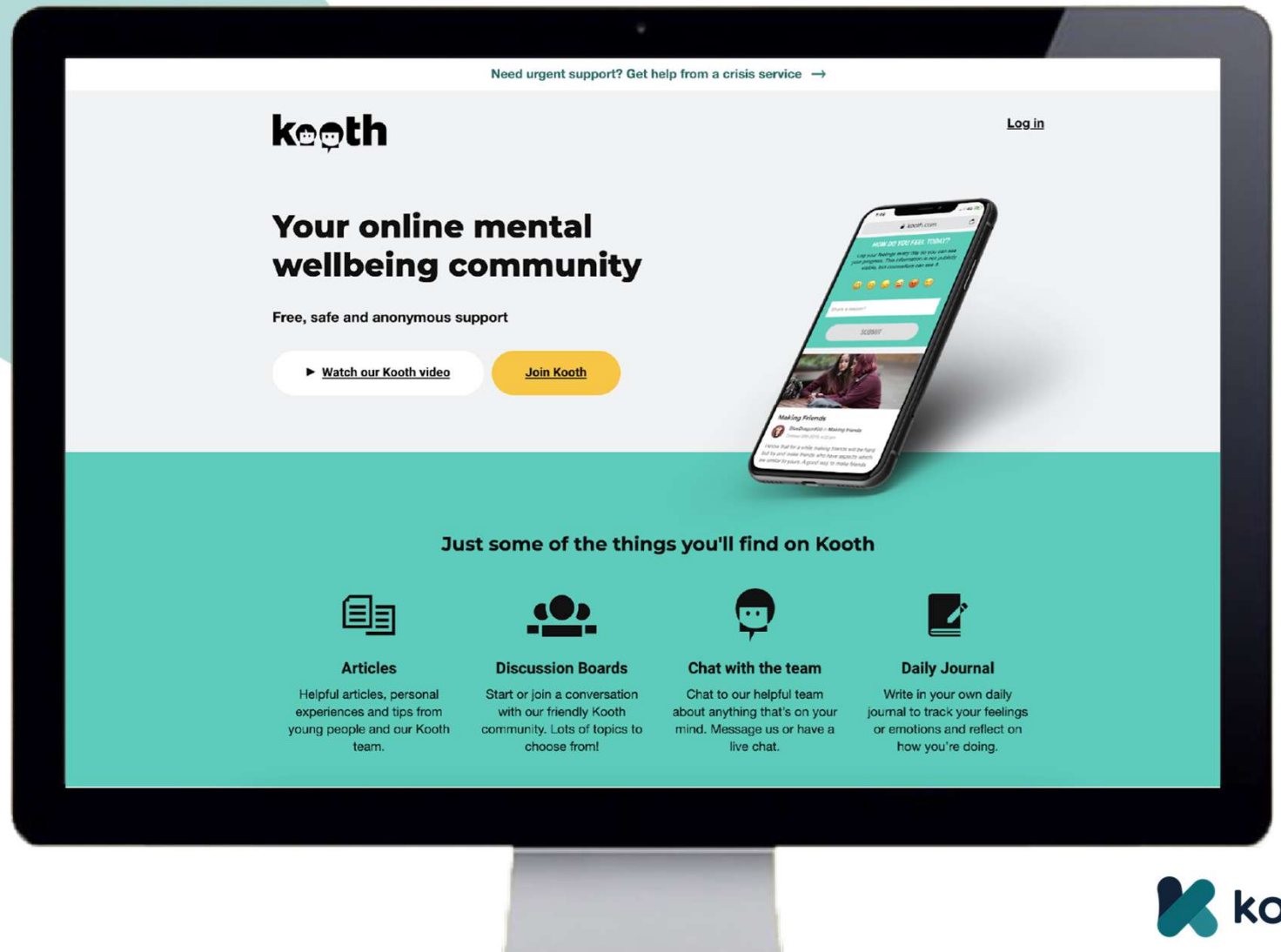


Democratise access at scale: A free service accessed via any web enabled device

Safety: Embedded throughout the platform with clinically sound and fully moderated content

Accessible: Designed to provide an inclusive experience for people with disabilities in line with WCAG 2.1

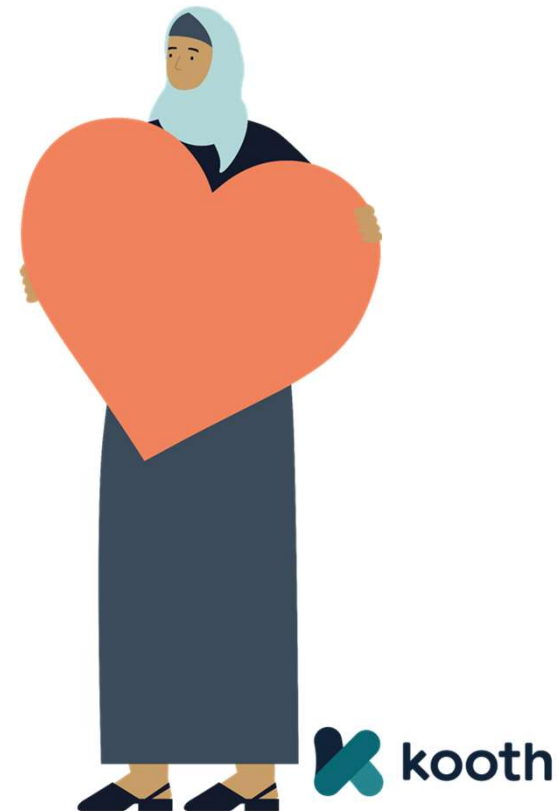
Kooth can be a helpful and vital addition to a young person's wider care package



Kooth is a clinically effective service

Extract from **London School of Economics Review** of Kooth

- **95%** found community support helpful for their MH
- **94%** would recommend Kooth to a friend
- **77%** learnt coping strategies when worried about their MH
- **50%** of community members go on to help others
- **13%** reduction in people needing support from other services



Kooth usage in Shropshire, Telford & Wrekin in 2024

- **1400+** new registrations
- **8,800+** logins from over **1,700** individual service users
- **75%** of logins were outside of traditional working hours
- **65%** presented with a high level of need
- **90%** found community support helpful for their MH
- **93%** think Kooth is a useful source of support

Top 3 presenting issues

1

Anxiety/ Stress

2

Suicidal Ideation

3

Self harm

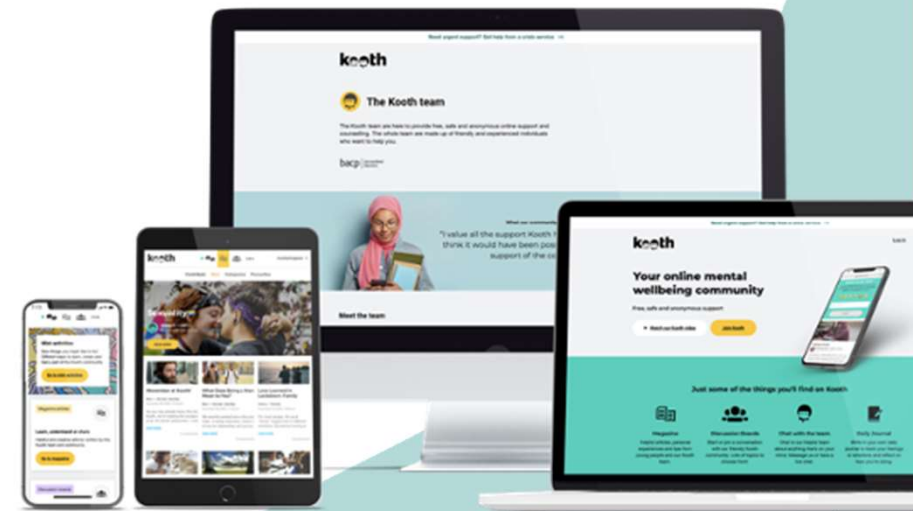
Safeguarding: our duty of care

- Where we don't have identifiable information, we work with the young person to reduce risk and develop a safety plan, whilst attempting to understand and address the barriers to accessing other services. We'll also provide psychoeducation and signpost them to other relevant services
- We believe that our anonymity supports effective safeguarding, rather than acting as a barrier, and that someone who is actively choosing to sign up and seek help is taking a really positive step for themselves
- Our users consistently tell us that the anonymity aspect of our service enables them to share things that they wouldn't otherwise tell anyone



Where Kooth can add value

- Immediate support for young people **whilst waiting** for specialist services including CAMHS
- Help for those that **do not meet thresholds** or criteria for other services
- **'Out of hours' support** with practitioners online until 10pm each night
- **Aftercare** once discharged from other services
- **An alternative** to traditional community services
- Support for young people who **wish to remain anonymous**
- A space to **'try it out'** before choosing F2F therapies
- Early intervention & **prevention**
- **Reiterating skills** and psychoeducation learned in other services





Reasons why some young people may find digital support easier to access

'I feel embarrassed when I have to leave class to go to my appointment'

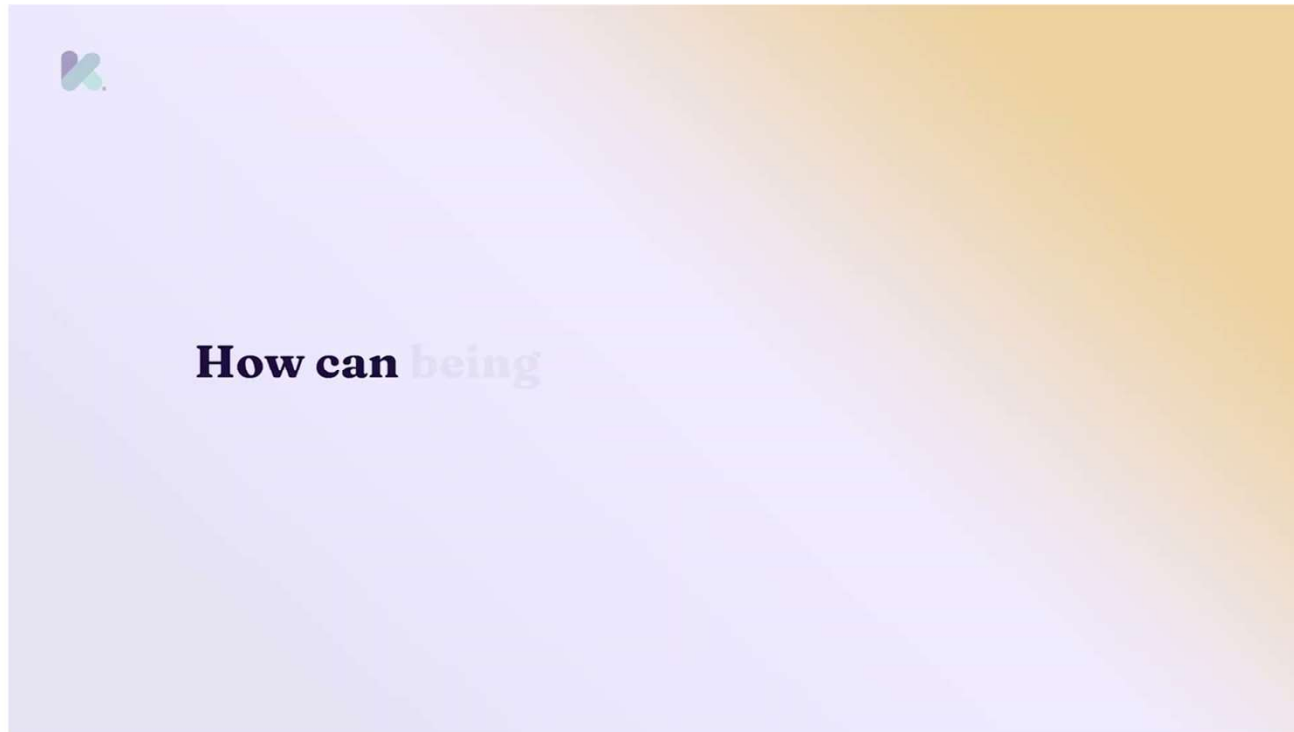
'I struggle to make sense of body language and the different ways people talk'

'I find eye contact difficult'

'I get anxious about travelling to and from appointments'

'I hate the bright lights and loud outside noises you can get in face to face settings'

Our Clinical Governance Officer David Baldock talks about SEND, disabilities and neurodiversity on Kooth

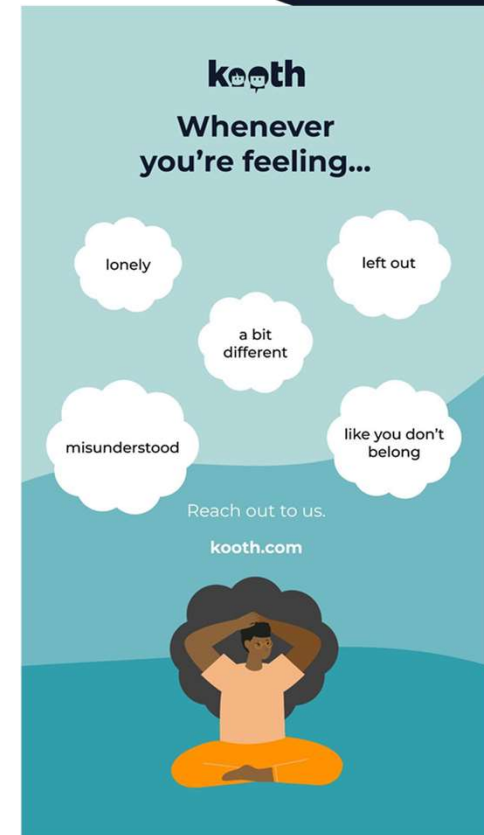


Individualised support for our users

We adapt our approach to each user's strengths and explore ways to accommodate their needs in a **person-centred** and **collaborative** way

This may include:

- adapting to the user's specific cognitive difficulties
- adapting how we present information, allowing for more processing time
- enhanced use of visual information
- chunk material and interventions into smaller steps
- use of simple, concrete (less abstract) language
- offering in-session breaks



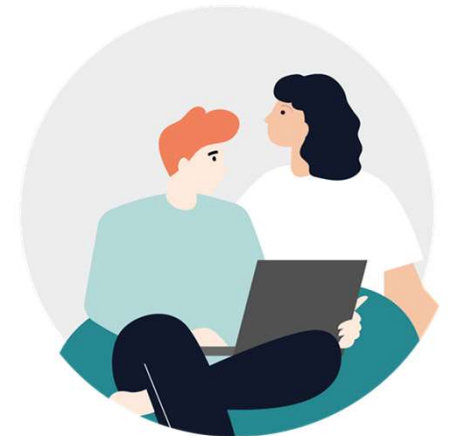
Platform Accessibility

Kooth ensures our platform meets the
Web Content Accessibility Guidelines (WCAG) 2.1 Level AA





Following these guidelines makes content more accessible to a wider range of people with needs, including accommodations for:

- **vision** - severely sight impaired (blind), sight impaired (partially sighted) or colour blind people
- **hearing** - people who are deaf or hard of hearing
- **mobility** - those who find it difficult to use a mouse or keyboard
- **thinking and understanding** - including people with with dyslexia, autism or learning difficulties

<https://www.gov.uk/service-manual/helping-people-to-use-your-service/understanding-wcag>



Kooth has chat forums and a wide range of articles written by both young people and our professional team

 <p>Receiving an Autism Diagnosis Maisie in Disability September 20th 2023, 11:51 AM</p> <p>Receiving a diagnosis that you have autism as a young person can provoke a range of emotions within...</p>	 <p>What is ADHD? Aisha in Equality & diversity September 16th 2021, 3:44 PM</p> <p>### What is ADHD? Attention Deficit Disorder (ADHD) is a condition that affects someone's behaviour. For...</p>	 <p>What is Autism? Aisha in Equality & diversity September 14th 2021, 8:44 AM</p> <p>This article contains mentions of the following: Autism, friends, parents. Autism is a name for a difference in...</p>	 <p>Neurodivergence - Discovering Me. endlesslycorrupt in Equality & diversity July 24th 2021, 7:55 PM</p> <p>For most of my life I felt I didn't fit in with my peers. I felt like I was mentally more developed than the...</p>
--	---	---	---

Kooth post • [Equality & diversity](#)

Kooth Live Forum: "Let's talk about: Autism acceptance ∞" 19/04/2023

Hello, and welcome to tonight's Live Forum which is all about Autism awareness. At Kooth, we encourage peer support and recognise how helpful it can be. Tonight's topic is one that has been requested by Kooth...

19/04/23 • 415 replies

Specialised support and intervention

- Although we adapt our approach to suit the strengths and needs of each individual user, sometimes there is a need to seek external support from our **'joint agencies'** for users with specific needs - this would only be the case when we feel we are not able to provide the 'best' intervention
- This will only be the case when a **user has given consent**, ensuring joined up care and ongoing safeguarding for the user



How Kooth helped Taylor*, age 17

Taylor came to Kooth for support and a safe space to explore her feelings. She was feeling anxious whilst waiting for both a CAMHS assessment for autism and medication to be prescribed to support her with her sleep

Taylor had three assessment chats with Kooth where she described finding sixth form difficult because of the loud noise and lack of structure during breaktime
She disclosed self harm by picking her skin on her fingers until they bled as a way of coping with her feelings of anxiety when at school

Kooth were able to provide further structured support with a named worker, who helped Taylor to gain confidence in knowing how to ask for support from those around her when feeling anxious including from her mum, SENCO, her teacher and CAMHS

Taylor has also continued to build on her coping strategies with managing change

***Taylor is a pseudonym**






How we can
support you to refer
young people to Kooth

- Signpost a self-referral to [kooth.com](https://www.kooth.com) with a printed **pocket card or A5 leaflet**
- Signpost in your **discharge letters** and **waiting list letters**
- Place printed **posters** in public spaces (including backs of toilet doors) and load a digital poster on **waiting room screens**
- Promote Kooth in your **newsletter, social media and website**
- [Sign up to our free monthly newsletter](#)



What's on Kooth in September?

Kooth Live Forum: Making Friends DATE: September 3rd TIME: 7:30pm to 9pm INFO: Come share in our tips and advice for making friends and navigating tricky friendships.	Kooth Discussion Board: Youth Mental Health Day DATE: September 7th TIME: N/A INFO: Stop by to join our discussions about mental health and try out some of our, and the community's, ideas for helping to look after our wellbeing all year round.
Kooth Live Forum: Tackling Discrimination DATE: September 8th TIME: 7:30pm to 9pm INFO: This forum will be discussing different types of discrimination, along with tips for being an ally, where to get support, and how it's okay if you don't feel able to speak out. Come join us!	Kooth Live Forum: The Importance of Identity DATE: September 13th TIME: N/A INFO: We are celebrating International Identity Day a little early, touching on how to recognise your own values and why you shouldn't feel pressure to have it all figured out!
Kooth Podcast: Creative Writing Tip Tips DATE: September 17th TIME: N/A INFO: Join us as we chat about our best creative writing tips. How proofreading is your best friend (but also your enemy), the importance of world building in any fictional world, as well as how to learn to love your writing.	Kooth Discussion Board: Think Green and Carry on DATE: September 20th TIME: N/A INFO: Celebrate Recycling Week with us by stopping by to talk all things reduce, reuse, recycle.
Kooth Live Forum: Overcoming a "Reputation" DATE: September 24th TIME: 7:30pm to 9pm INFO: Join us to discuss reputations of all kinds - what you think it means to have one, how that might impact a young person, and the pressure those labels might hold. We hope to see you there!	Kooth Live Forum: Social Takeover: Creative Writing DATE: September 29th TIME: 7:30pm to 9pm INFO: In this Social Takeover, you are in charge. We can't wait to get those creative juices flowing and have a chance to share our latest Creative Writing Challenge!



Find all of this and much more on [Kooth.com](https://www.kooth.com)




kooth

Free, safe and anonymous mental wellbeing support.




Free, safe and anonymous mental wellbeing support for young people.

Your local NHS is providing free counselling, community support and self-help tools for young people through kooth.com. It's completely anonymous and you can sign up without any sort of referral.



scan me to get started or visit [kooth.com](https://www.kooth.com)

kooth

We have a team of Kooth Engagement Leads across the UK who can provide you with **free resources and training** about Kooth

Please email kel@kooth.com or scan the QR code





Midlands Partnership University
NHS Foundation Trust

kooth.com

Available to 11-19 year olds in Shropshire, Telford and Wrekin

Everyone needs support sometimes - and if you do, **we're here**

Free, safe, anonymous and online



kooth_uk



kooth_uk



kooth_uk



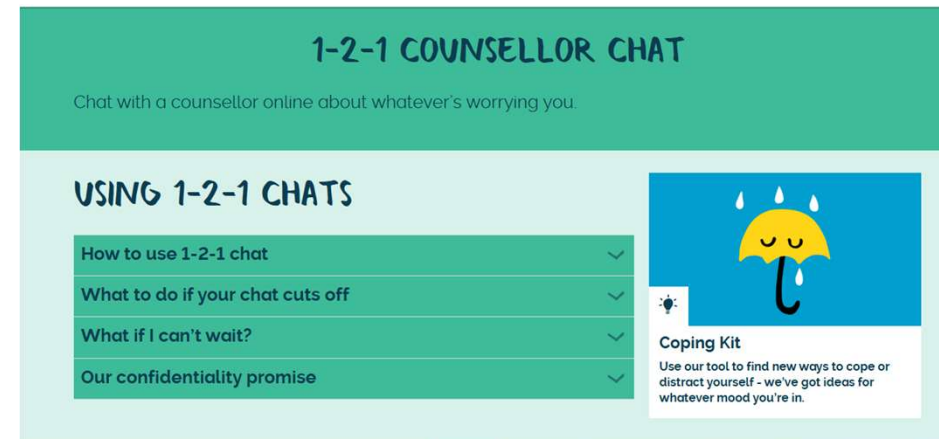
NSPCC and Childline

NSPCC have advice to help professionals support children who may be experiencing depression, anxiety, suicidal feelings or self-harm.

[Child mental health: recognising and responding to issues | NSPCC Learning](#)

[Signs That a Child Is Suffering From Mental Health Issues | NSPCC](#)

[1-2-1 counsellor chat | Childline](#)



1-2-1 COUNSELLOR CHAT

Chat with a counsellor online about whatever's worrying you.

USING 1-2-1 CHATS

- How to use 1-2-1 chat
- What to do if your chat cuts off
- What if I can't wait?
- Our confidentiality promise

Coping Kit

Use our tool to find new ways to cope or distract yourself - we've got ideas for whatever mood you're in.

The screenshot shows a green header with the title '1-2-1 COUNSELLOR CHAT' and a sub-header 'Chat with a counsellor online about whatever's worrying you.' Below this is a section titled 'USING 1-2-1 CHATS' with a list of four items: 'How to use 1-2-1 chat', 'What to do if your chat cuts off', 'What if I can't wait?', and 'Our confidentiality promise'. To the right of this list is a 'Coping Kit' section featuring a yellow umbrella icon with a face and raindrops, and the text 'Use our tool to find new ways to cope or distract yourself - we've got ideas for whatever mood you're in.'

Barnardo's



Changing childhoods.
Changing lives.

Barnardo's offer lots of services to help children and young people look after their mental health. This can include help in school, play therapy, or counselling. Barnardo's will be speaking at the online network meetings in May.

[Find local mental health support, starting with Barnardo's | Barnardo's | Online mental health support for young people](#)

UNICEF



UNICEF UK and the University of Cambridge's Centre for Research on Play in Education, Development & Learning (PEDAL), have developed a resource to support local areas in a shared understanding of mental health in infancy and early childhood.

[Understanding and supporting mental health in infancy and early childhood – a toolkit to support local action in the UK. - UNICEF UK](#)

Anna Freud

Anna Freud has a selection of resources for early years wellbeing including working with babies & young children on digital platforms, coronavirus support, and a 'Bonding with baby' podcast.

[Trauma | Anna Freud](#)

[Resources for under fives | Anna Freud](#)

Social Prescribing

Social prescribing started in Shropshire in 2017, working in partnership across health, care and voluntary and community sectors. It's also part of the [NHS Long Term Plan](#).

Social prescribing gives people time to talk, one to one, with a trained healthy lives advisor to come up with a plan of action together, to help improve health and wellbeing concerns and put the person back in charge of their life.

Eligibility

To be eligible you must:

- A young person aged between 11 (in Year 7 or above) and 18 years, **if you are under 13 an adult must fill this form out on your behalf**
 - Live in, be registered at a GP Practice, or attend school/college in Shropshire
 - Require additional support provided by social prescribing, in order to help and motivate you to take action to improve your health and wellbeing
 - Be able to communicate and engage with a Healthy Lives Advisor and the activities on offer.
- [Social prescribing | Shropshire Council](#)
 - [Social prescribing self-referral form for children and young people | Shropshire Council](#)



Shropshire
Council

Neurudevelopmental Pathway

Amy Morris, ND Pathway Lead for BeeU

The image features a background of a complex network graph with nodes and edges. A solid blue rectangular box is centered on the page, containing the text "BEEU ND Service" in white, bold, sans-serif font. The text is positioned in the lower right quadrant of the blue box.

BEEU ND Service

Who are the Team?

Operational
Lead

Clinical Lead

Pharmacist

OT's

SLT

Social
Worker

Mental
Health Nurse

PA

Support
Worker

Coming soon
AP

Roles of the Team

Duty Service

Triage

Pre Assessment Support

Diagnostic Assessments

Report Writing

Feed back to families

Treatment options

Treatment reviews

Signposting

Initial Assessments

Pre Assessment Support

- ▶ Contacting families
- ▶ Being in hubs
- ▶ Collaborative working with the NPs from the PINS projects
- ▶ Supporting assessments



Initial Assessment



Change in
previous process



Responding to
complaints



Responding to
feedback



Wanting to change
clinical practice



National picture

Diagnostic Assessment Tools

ADOS

Adi-R

DIVA jnr

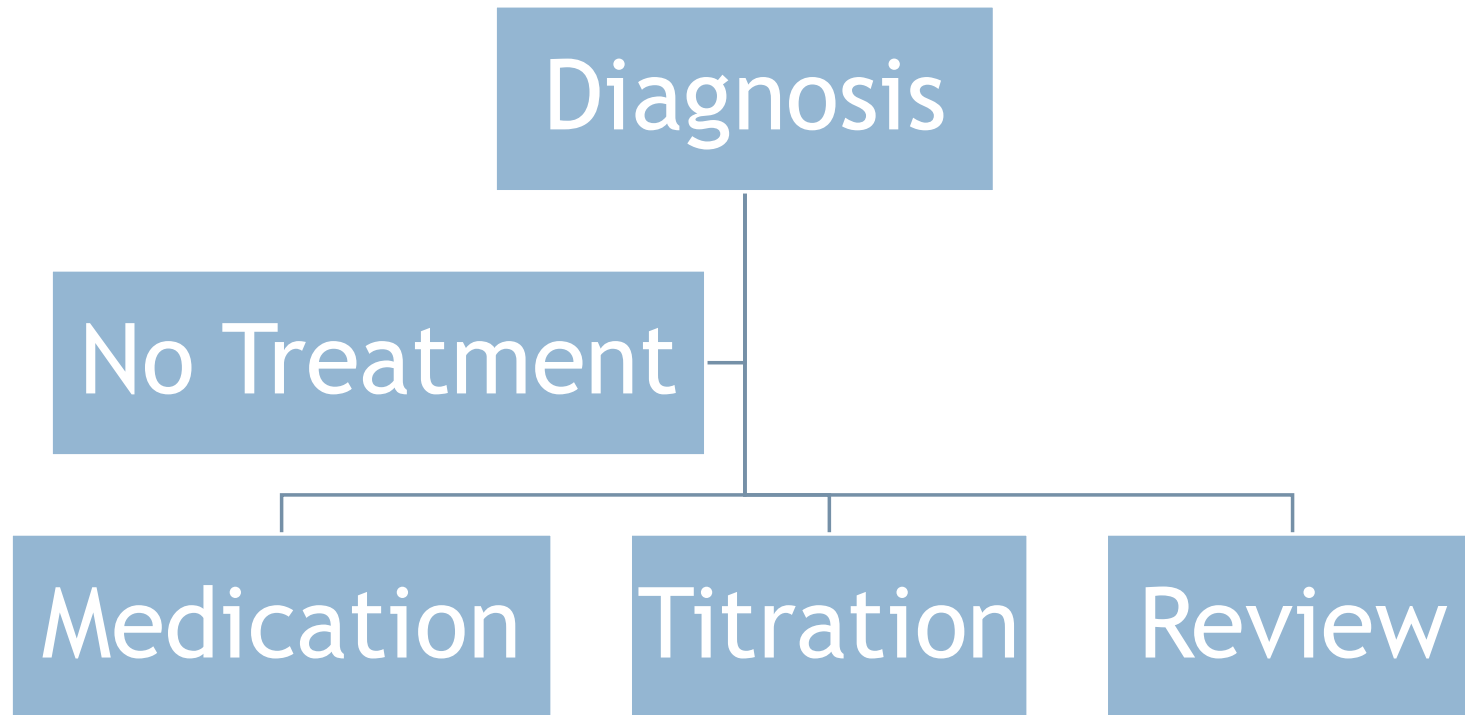
CONNORS

QB Testing

Diagnostic Outcomes

- ▶ Following diagnostic assessments, a report is compiled
- ▶ It is individualised
- ▶ Describes what each assessment has identified
- ▶ Identifies areas of difficulty for the YP
- ▶ Offers guidance on how to manage the difficulties
- ▶ Offers sign posting for support

Treatment and Follow Up



Challenges

- ▶ No Medic Cover
- ▶ Clinical Lead only 3.5 days a week
- ▶ Limited number of staff
- ▶ Pressure on demand and capacity
- ▶ Time on report writing
- ▶ Lack of estates to carry out assessments
- ▶ Limited discharge options (difficulty with transition and ESCA)



SHROPSHIRE SEND **iass**

Information, Advice and Support Service



**FREE. IMPARTIAL.
CONFIDENTIAL.**

support to families of children
and young people with SEND.

Our role is to **EMPOWER**
families to make informed
decisions about their child's
education and support.



HOW WE HELP FAMILIES

Information and Advice: We provide clear, accurate guidance on all aspects of SEND.

EHCP Support: We guide families through the process, including assessments, annual reviews, and appeals.

Mediation and Dispute Resolution: When disagreements arise we support families by explaining their options, preparing them for discussions, and facilitating mediation.

Independent Support: Families can trust that our advice is impartial and focused entirely on their needs.

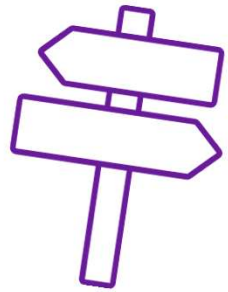
“It is so reassuring to have someone who understands and has all the relevant information. They can support you through out a process which is empowering and you do not feel alone.”



“Highly recommended, it’s a lonely place to be in fighting for the correct education for a SEN child who can’t go to school, getting the correct advice and feeling like you are supported has been amazing for our family and to see my child doing so well now makes the years of fighting so worth it. I can’t thank the staff enough for their support.”

“Fantastic service, vital to all parents. Even as an experienced SENDco I still required support for my own sons EHCP, so I feel parents without this experience would really need IASS as a support network. I feel overwhelmed sometimes and have felt like giving up fighting for my son but IASS have really supported me and helped me push forwards.”

PRACTICAL SUPPORT



Understanding
legal processes
timescales, plans

Practical
Tasks
*paperwork, making
requests, checking
drafts*



Understanding how
to deal with:
*exclusions and
disagreements with
professionals*

Building
Relationships
*with teaching staff
and professionals*



Signposting
*information, advice,
support, groups, and
services*

Considering
Options
making decisions



HOW SCHOOLS CAN ENGAGE WITH US

Signposting families

Increase awareness in your school community

Resources and collaboration





SHROPSHIRESENDIASS.COM

Information and Advice
E-learning hub
Young Persons section

SHROPSHIRE SENDiass

UNDERSTANDING AND CHECKING YOUR DRAFT EDUCATION, HEALTH & CARE PLAN (EHCP)

The purpose of an Education, Health and Care Plan (EHCP) is to detail the special education provision required to meet a child or young person's special educational needs (SEN) and to secure the best possible outcomes across education, health, and social care. Understanding your or your child's EHCP is key to ensuring the right support is in place.

WHEN YOU RECEIVE A DRAFT EHCP, YOU WILL HAVE 15 DAYS TO RESPOND. USE THIS TIME TO REVIEW AND ENSURE THE CONTENT MEETS YOUR CHILD'S NEEDS.

KEY SECTIONS OF AN EHCP

Section A: All About Me and My Family
This section captures the child or young person's views, interests, and aspirations, as well as details about their family. This is typically completed during the early stages of the EHCP process and is updated during Annual Reviews.

Section B: Special Educational Needs (SEN)
All identified SEN must be clearly described, not just listed as diagnoses.
Example: "Jack has Autism. He plays well on his own but finds it extremely difficult to engage with other children or make friends with peers."

Section C: Health Needs
This section outlines health needs that relate to the child or young person's SEN.
Example: "Grace has cerebral palsy which affects the right side of her body. For short distances, she prefers to walk unaided, but she uses a walking frame for longer distances."

Section D: Social Care Needs
Details social care needs arising from the SEN or disability.
Example: "Ebrah has limited mobility, which impacts her ability to participate in family outings or social activities of her choosing."

Home | About Us | Young People | SEND

Parent Toolkit for Autism
Ambitious about Autism
Explore Now

Discover how to improve the wellbeing of children with developmental disabilities.
Integrated Healthcare for Children with Developmental Disabilities
Explore Now

Autism Central
Workshops and 1:1 sessions
Explore Now

Resources to support you as a carer of a Young Person
Young Minds
Explore Now

Webinar
Understanding Emotional Based School Avoidance

CONTACTING US



iass@cabshropshire.org.uk



01743 28 00 19

CPD

Upcoming CPD

Date	Title	How to book
Wednesday 2 nd April	Early Talk Boost	https://www.eventbrite.co.uk/e/1227943244299?aff=oddtcreator
Thursday 3 rd April	Early Years SEND Solution Circle	https://www.eventbrite.co.uk/e/1237801199709?aff=oddtcreator
Tuesday 8 th April	Early Years Graduated Response through the APDR process	https://www.eventbrite.co.uk/e/1280927040259?aff=oddtcreator
Thursday 1 st May	Talk Boost KS2	https://www.eventbrite.co.uk/e/1145801044769?aff=oddtcreator
Tuesday 6 th May, 1-3pm	Autism Education Trust: transitions	https://www.eventbrite.co.uk/e/aet-transitions-in-schools-tickets-1309698255739?aff=oddtcreator
Wednesday 4 th June	Stoke Speak Out (Early Communication Screening Tool)	https://www.eventbrite.co.uk/e/1248368827769?aff=oddtcreator

AET training – *bookings now being taken*

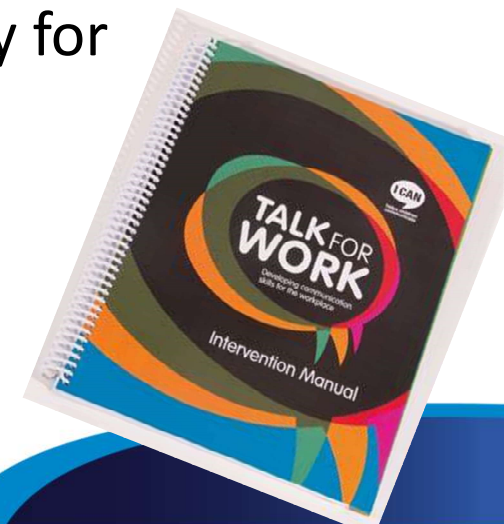
	Good Autism Practice (GAP) package details	Cost
Cost A	Standards and Competency Framework, GAP training, Neuroinclusive Practice Network (3/year)	£550
Cost B	If another school (including Standards Framework and Neuroinclusive Practice Network for each school 3/year)	+ £50 / school
Cost C	If over 50 trainees (additional trainers needed)	+ £100

- Good Autism Practice: 3 hours (½ PD day or 3 twilights).
- Cost includes the training delivered in school (advised for all teachers and TAs), a follow up session in school to work on using the standards and competency frameworks, plus invitation to join the Shropshire Neuroinclusive Practice Network (3 times/year)
- AET leadership module and other additional modules being developed.

For more information please contact: leah.bate@shropshire.gov.uk

FREE CPD opportunity for secondary schools and Post-16 settings

- We have secured funding from the SEND and AP Change Programme to fund the resources and training for deliver of the Speech and Language UK intervention '**Talk for Work**'.
- Talk for Work (formerly called Talk about Talk Secondary) is an evidenced targeted programme that helps students aged 14 to 18 with difficulties in talking and understanding words to be ready for the workplace. It can be used in both secondary schools and Further Education colleges.
- For further information and to register your setting's interest, please e-mail sarah.court@shropshire.gov.uk



INCLUSIVE PRACTICE CONFERENCE

Friday 11th July 2025



Headteachers, SLT and SENCOs - join us at Shropshire Council's Inclusive Practice Conference to celebrate and share examples of inclusion that will support you meet the needs of CYP with SEND in your schools and settings.



Key Note Speaker: Gary Aubin

Gary leads on a SEND School Improvement programme with Whole Education, supporting schools and Trusts to drive a whole-school approach to supporting pupils with SEND. He also sits on the Government's Curriculum and Assessment Review panel.

Workshops

Choose from a selection of workshops on topics such as EBSA, supporting pupils with neurodiversity, early language development, alternative provision, adaptive teaching and much more.



For more details and to reserve your place:
<https://forms.office.com/e/k4jQa7f0FO>



Shrewsbury Town Football Club
Montgomery Waters Meadow, Otley Road. SY2 6ST



We are delighted that Gary Aubin will be joining us at our conference and delivering our keynote speech.

Gary leads on a SEND School Improvement programme with Whole Education, supporting schools and Trusts to drive a whole-school approach to supporting pupils with SEND. Gary sits on the Government's Curriculum and Assessment Review panel.

Gary is the Education Endowment Foundation's SEND Associate. In this role, he has worked extensively on sharing the evidence base behind high-quality teaching for SEND, as well as advised on the development of the SENCO NPQ.

As a Consultant, Gary has spoken internationally, advised the BBC, written content for the National Institute of Teaching and given talks to hundreds of Trust, Local Authority and school audiences.

Gary Aubin is the author of The Lone SENDCO, a handbook of 300 questions and answers for busy SENDCOs, and The Parent's Guide to SEND. Gary led on SEND provision for a Multi Academy Trust of 10 primary and secondary schools for several years. He is a secondary teacher, former primary and secondary SENDCO and former secondary Head of Year. Gary also authors the SENDMattersUK blog.

And that's not all...

In addition to Gary's keynote address, there will be a number of **workshops** running throughout the day, covering a wide range of topics such as Emotionally Based School Avoidance, supporting early language development, curriculum design to support SEND, strategies for supporting neurodivergent learners, working with parent carers and much, much more.

The conference is aimed at Headteachers, Senior Leaders, SENCOs and Inclusion Leads and will focus on developing whole school approaches to inclusion that benefit all.

Further details to follow as workshops and guest speakers are finalised but you can book your place NOW by registering here: <https://forms.office.com/e/k4jQa7f0FO>

£35

for Shropshire schools
and settings

£45

for non-Shropshire
schools and settings



SEND and Inclusion Networks – Future Meetings

The SEND and Inclusion network meetings for Summer Term 1 will be online via MS Teams. Please book your place via Eventbrite using the links below. The draft agenda includes:

- ❖ Information from Barnardo's
- ❖ Information from MPFT to talk about mental health support

Tuesday 6th May, Primary SEND and Inclusion Update, 3.30-4.30pm:

<https://www.eventbrite.com/e/1281050409259?aff=oddtcreator>

Wednesday 7th May, Secondary and Post-16 SEND and Inclusion Update, 3.30-4.30pm:

<https://www.eventbrite.com/e/1281019075539?aff=oddtcreator>

Thursday 8th May, Early Years SEND and Inclusion Update, 6-7pm:

<https://www.eventbrite.com/e/1281051612859?aff=oddtcreator>

Network Meeting Evaluation

<https://forms.office.com/e/rRg6eSwSHs>

SEND and Inclusion Evaluation
Survey March/April 2025

