

SEND and Inclusion Network Meeting

Primary

Tuesday 28th April 2026



Please mute your mic
when you join the
meeting – thank you!

On today's agenda...

Welcome and Introductions

- **MPFT**

Presenters: Amy Morris

- **Kids**

Presenters: Dawn Lewis

- **CPD updates**

Summary and Close



Kids

Dawn Lewis



Shropshire

Kids

Disabled children
say we can

Kids Shropshire Autism Support Service

Introduction to Kids...

- Are a national charity established in 1970
- Target was to support 50,000 service-users in 2024/2025, which was achieved.
- Have 62 Unique projects across the UK – in person support services and innovative online support hubs and workshops



Introduction to Kids Shropshire

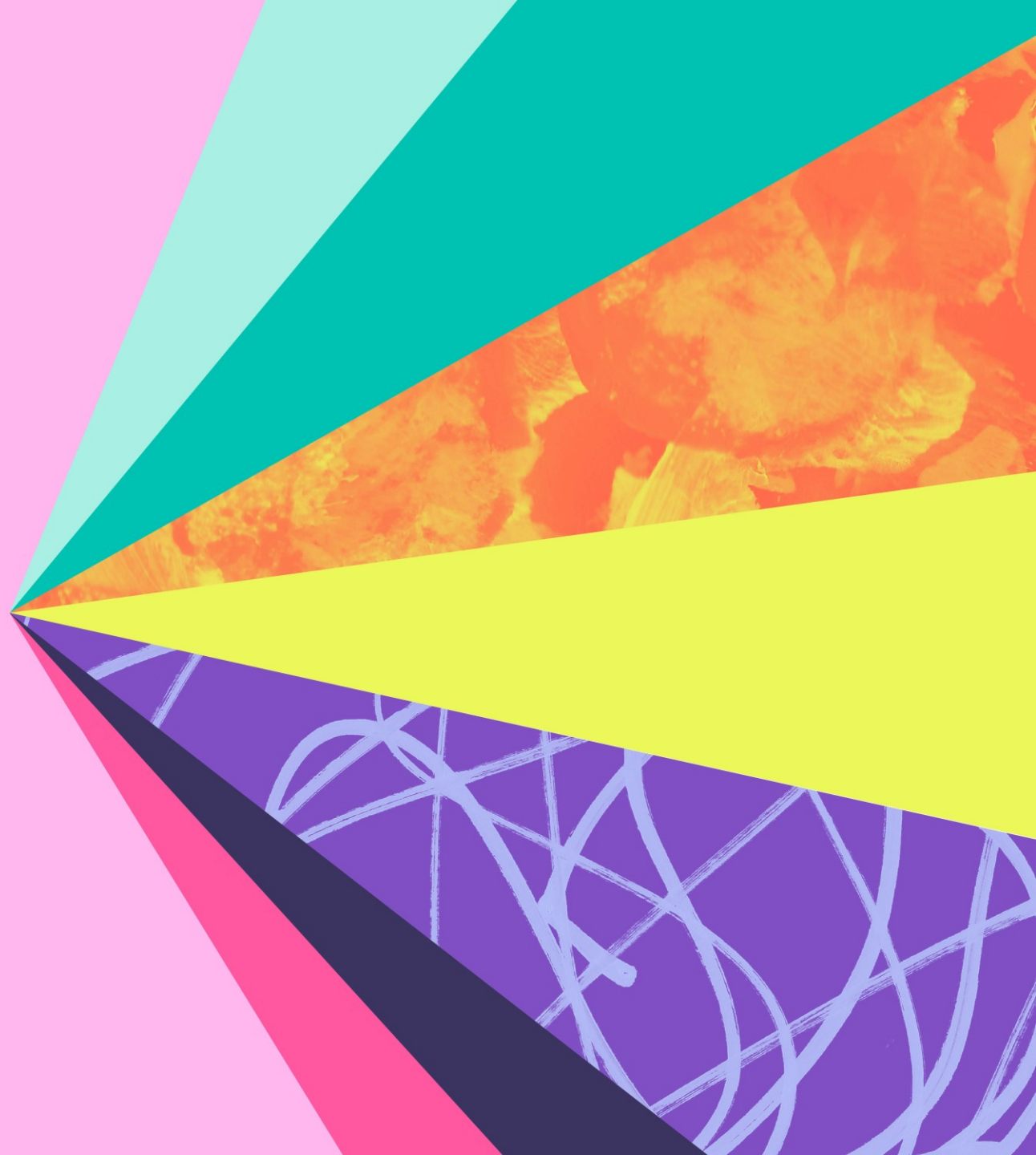
Kids services provide early support that are not diagnosis led. The Kids Shropshire Autism Support Service is available to parent carers and families of children and young people under 19 who are at any stage of the diagnostic journey or have received a diagnosis of autism and ADHD.



Early support for families

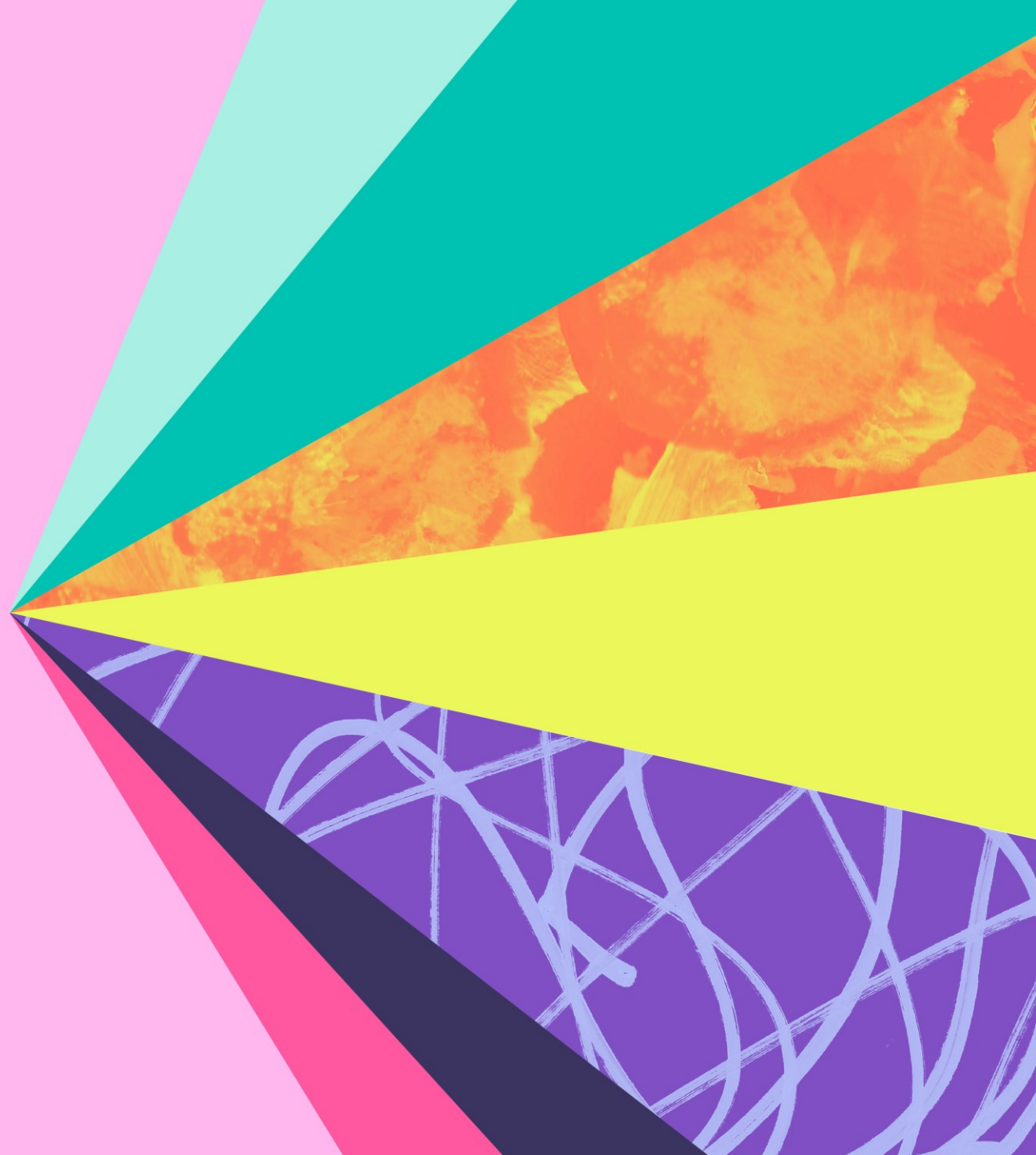
Early support can make a real difference for you and your family at the very beginning of your journey. You do not need to wait for a diagnosis to access support from Kids.

Kids encourage families to reach out as early as possible so they can receive timely, appropriate support when it matters most.



Early support for families

Kids Shropshire offers early support for both parent carers and children and young people. This may include a blend of group sessions and individual support, tailored to the needs identified by a Kids Practitioner.



Kids

Disabled children

Kids will be offering the following support to families:

Bespoke workshops that cover:

- Introduction to neurodiversity
- Understanding behaviours
- EBSA
- Sleep
- Pathological Demand Avoidance (PDA)
- Sensory difficulties



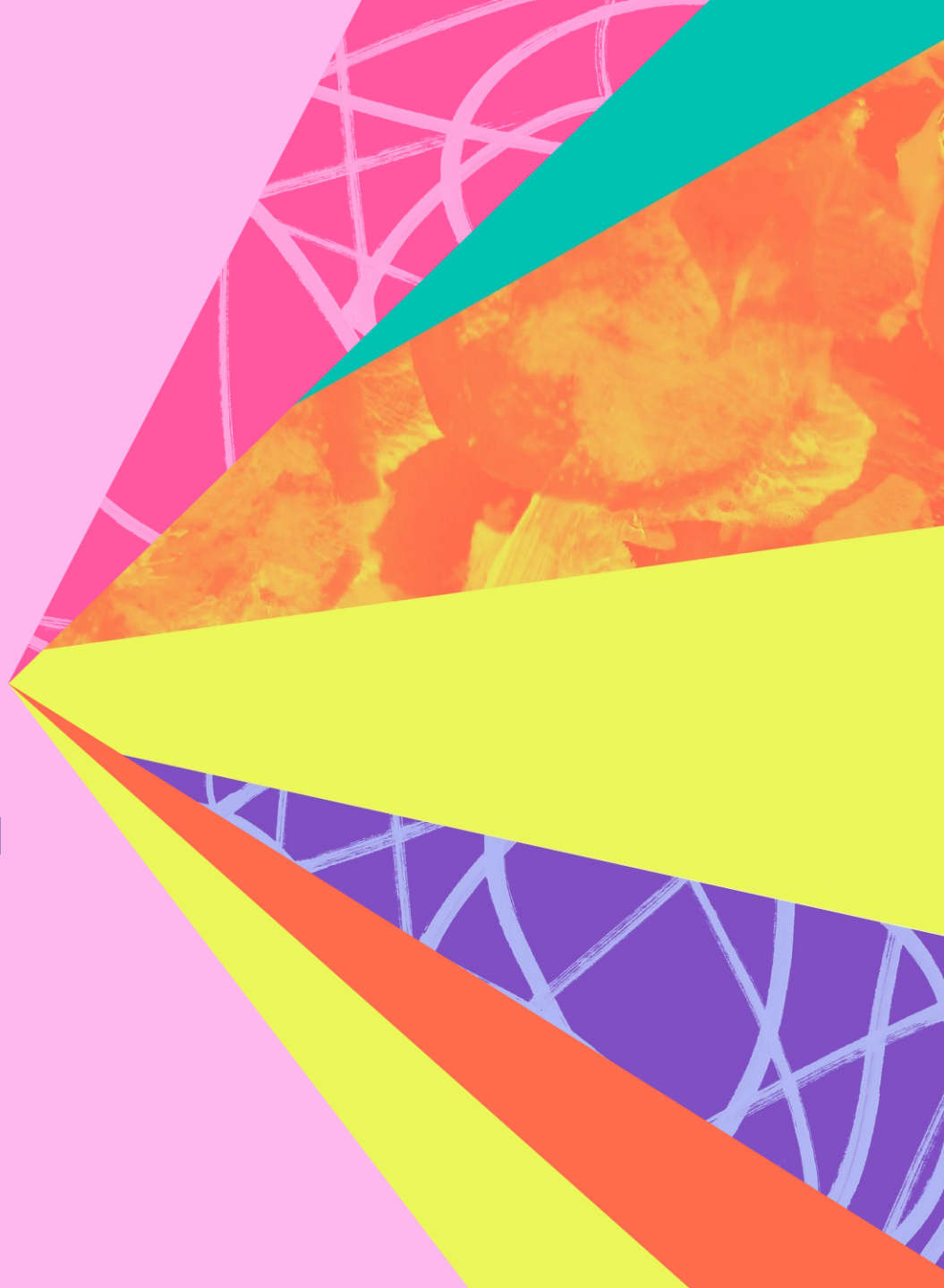


Disabled children
say we can

The 'Healthy Parent Carer' programme

The **Healthy Parent Carer** programme is designed to strengthen parent carers' resilience and overall wellbeing.

This programme focuses on improving health and wellbeing by helping parent carers build confidence, develop practical problem-solving skills, and set achievable personal goals. Through guided activities and supportive discussions, parents are encouraged to explore what helps them thrive and to develop strategies they can continue using long after the programme ends.



Riding the Rapids

A programme designed to help parent carers understand their child's behaviour and develop supportive, practical strategies.

The course helps parents explore their child's behaviour in the context of their additional needs and learn approaches that encourage positive behaviour. It also supports parents to build confidence and develop stress-management techniques that can make day-to-day challenges easier to navigate.

The programme is collaborative, giving parents the opportunity to learn together, share experiences, and develop tools they can continue to use long after the course has finished.





Children and young person offer

Lego therapy – 5-16years

These play-based group sessions give children the opportunity to develop a range of important skills, including resilience, problem-solving, and communication, in a relaxed, pressure-free and enjoyable environment.

EBSA support group – Online & Face to Face. - 8-13 years

Supportive. Understanding. No judgement.

Activity based sessions to learn ways to manage anxiety, understand their feelings, build resilience at their own pace.

Strengthen communication skills

Follows the "understanding me" programme.

Youth wellbeing Group – Online – 14-19 years

A supportive and inclusive space to connect with others who share similar experiences.

The group focuses on wellbeing, providing opportunities to build confidence, form friendships, and take part in meaningful, enjoyable activities. It is a welcoming environment where young people can be themselves, explore their interests, and develop positive strategies for wellbeing.

Coffee and connect sessions

Kids will facilitate regular

- Coffee mornings and drop in sessions
- Attend partnership events

For more details check out our website.

Web: kids.org.uk/shropshire-universal-autism-support-service





How to refer into the service:

Parent/carers can complete our online referral form,
via the link below:

[Shropshire Universal Autism Support Service - Kids](#)

How to Contact Us:

Phone: (01743) 644506

Facebook www.facebook.com/kidsshropshire

Email: kids.shropshire@kids.org.uk

Web: kids.org.uk/shropshire-universal-autism-support-service

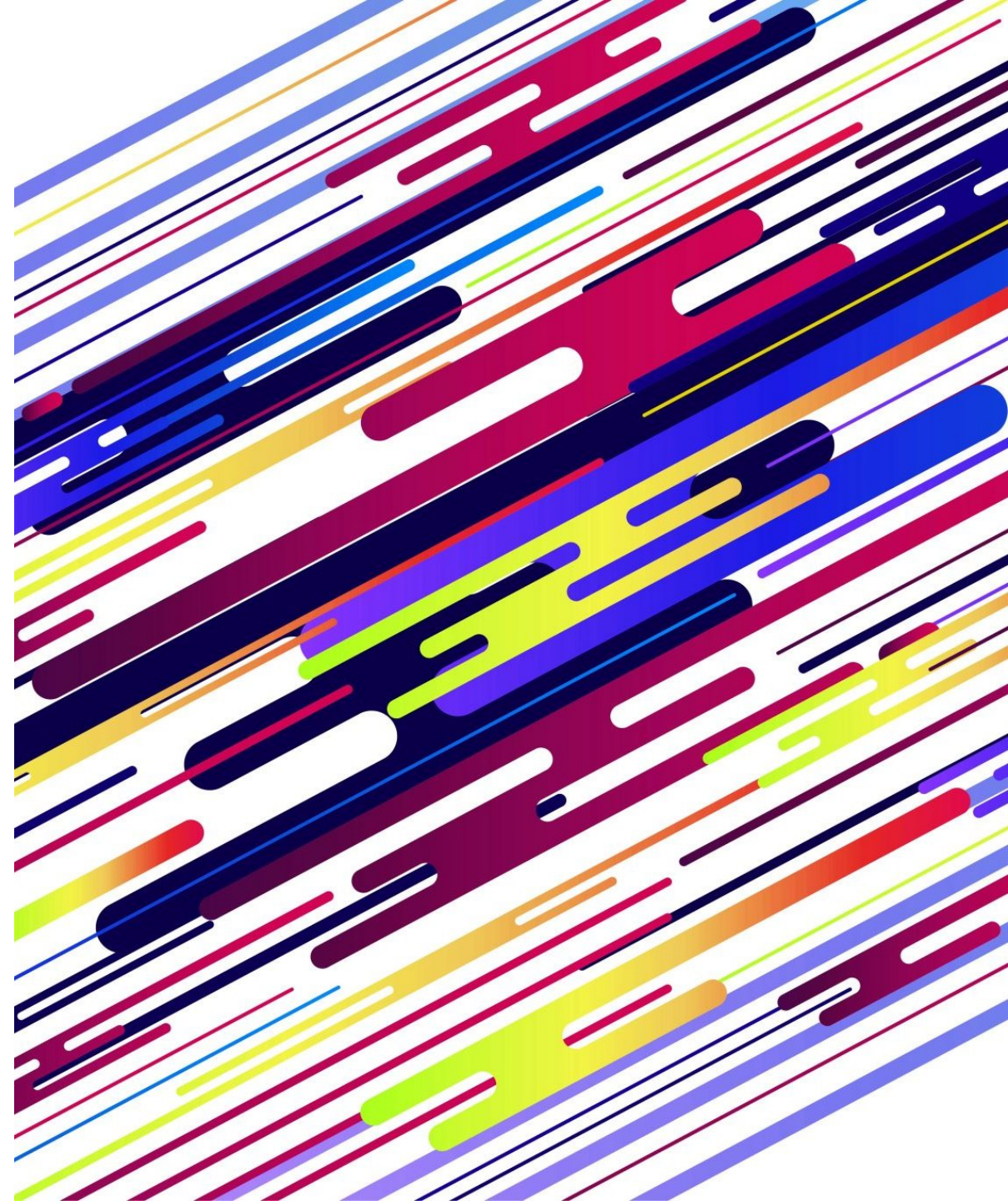


MPFT

Amy Morris

Mental Health Support

WHAT IS A NEEDS LED SERVICE



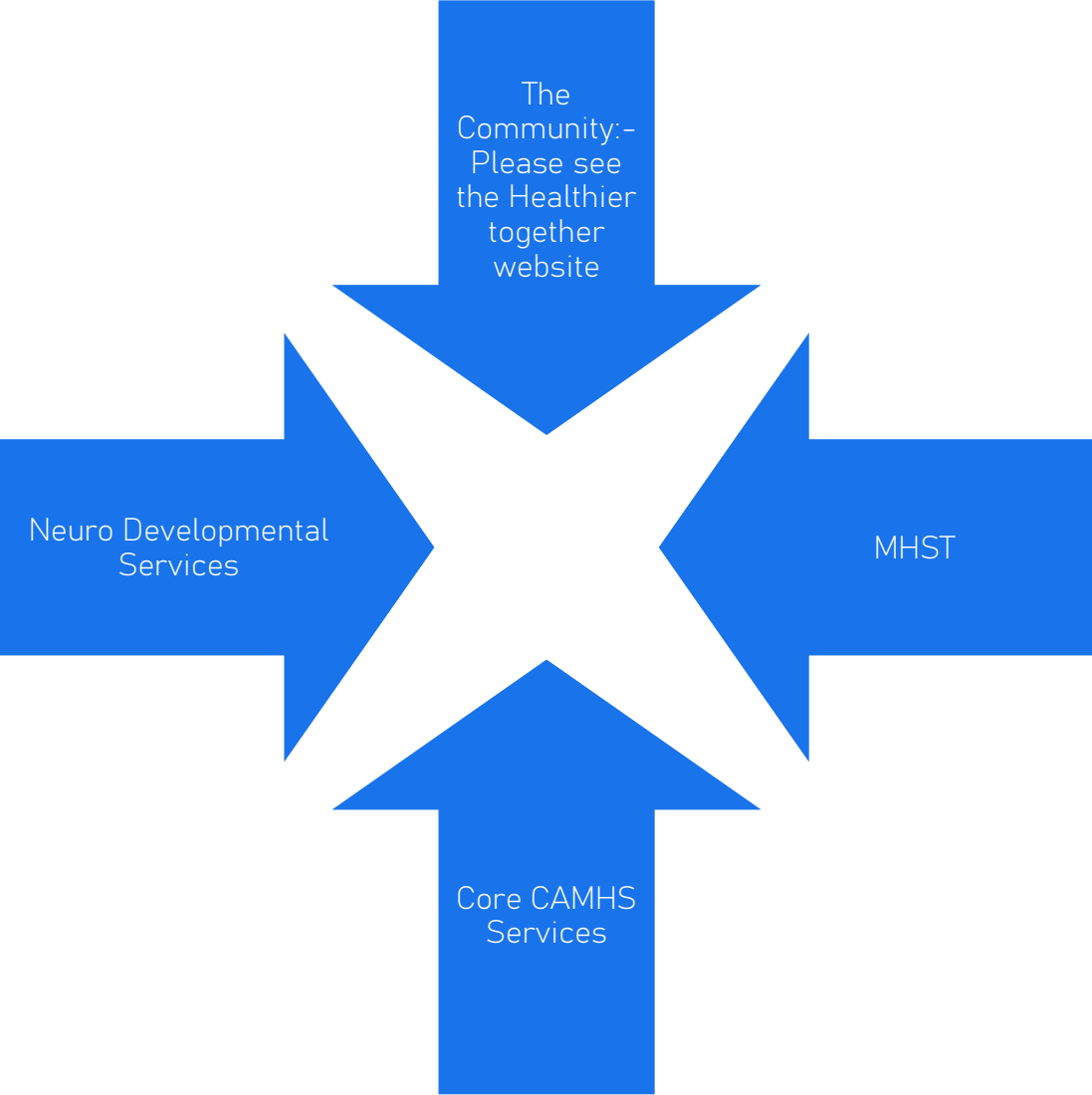
Needs Led

Needs Led:- Support is based on the child or young persons needs, it is not dependant on any diagnostic criteria.

Support is timely:- By working in a needs led way you are able to provide the right support at the right time

Reduces Barriers:- By focusing on the current need and identify how the need can be supported it reduces barriers to care

Where is support available ?





Improving the health of babies, children and young people throughout Shropshire, Telford and Wrekin

Choose a topic

Search this website...

Pregnant/New Baby | Parents/Carers | Professionals | Health for Young People

Parents/Carers | Neurodiversity

Neurodiversity



What is Neurodiversity?



Autism



Attention Deficit Hyperactivity Disorder (ADHD)



Tics and Tourette's Syndrome



Fetal Alcohol Spectrum Disorder (FASD)



Making sense of your senses



Support for neurodivergent children and their families



Neurodiversity national organisations and useful websites

Cookie options

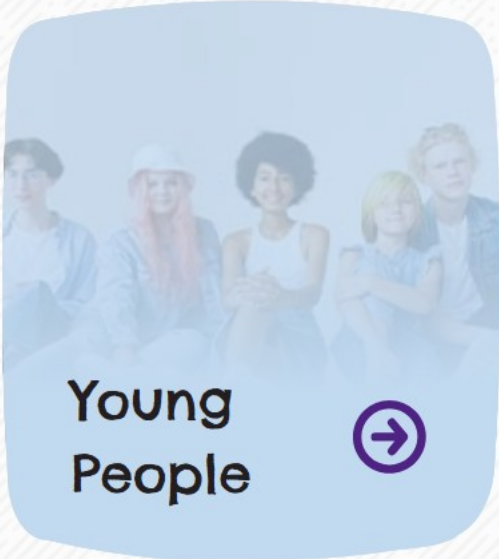
Show accessibility tools

Recite



Find Local Services

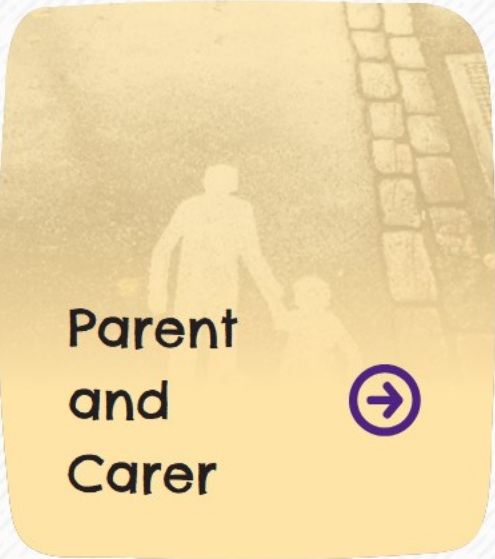
More information and resources



Young People

➔

A light blue rounded rectangle containing a faded image of a diverse group of young people sitting together. The text 'Young People' is in the bottom left, and a purple arrow icon is in the bottom right.



Parent and Carer

➔

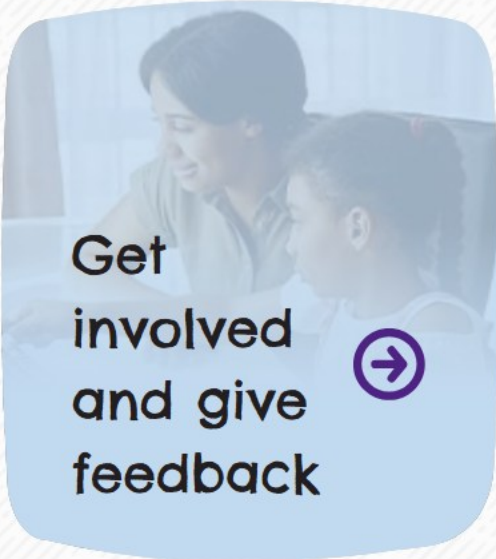
A yellow rounded rectangle containing a faded image of a person walking with a child. The text 'Parent and Carer' is in the bottom left, and a purple arrow icon is in the bottom right.



Professionals

➔

A pink rounded rectangle containing a faded image of two people looking at a laptop. The text 'Professionals' is in the bottom left, and a purple arrow icon is in the bottom right.



Get involved and give feedback

➔

A light blue rounded rectangle containing a faded image of a woman and a child looking at a screen. The text 'Get involved and give feedback' is in the bottom left, and a purple arrow icon is in the bottom right.

Our teams and services

Cookie options

Show accessibility tools

Neurodevelopmental (ND) Service

Neurodevelopmental (ND) service provides a single assessment point for Autism and ADHD diagnostic assessments, ensuring consistent, high-quality, child-centred evaluations. Referrals are accepted based on the quality of information provided rather than who submits them or pathway position, and clear feedback is given if a referral is not accepted. Assessments follow NICE guidelines and draw on information from multiple settings to build a comprehensive profile of each child's strengths, needs, and the impact of difficulties on daily life. Multi-disciplinary discussion informs the final outcome, which is shared with families verbally and in writing, and with other professionals where consent is given.

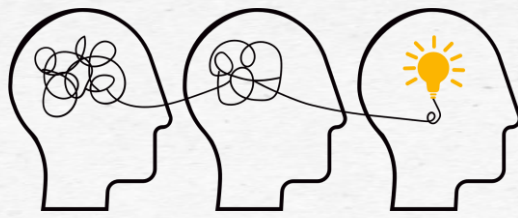
For children diagnosed with ADHD, the service can initiate, titrate, and stabilise medication before transitioning prescribing to GPs under a shared-care agreement, alongside annual ADHD reviews and six-monthly physical health checks.

When children and young people have needs related to neurodiversity they may require support from a range of services.

The support offer for neurodivergent children in Shropshire, Telford and Wrekin can be found on the [Healthier together website](#).

MHST (low intensity work 6-8 sessions of CBT)

- Consultation 20 minutes to talk through a case (does require parental consent)
- What are the YP's needs
- Identify support
- Identify Mental health concerns (will refer to CORE if above low intensity thresholds)
- Interventions can be adapted for SEND cyp.



Info: 9-year-old with additional learning needs, cognitive delay and suspected ADHD/ASD.

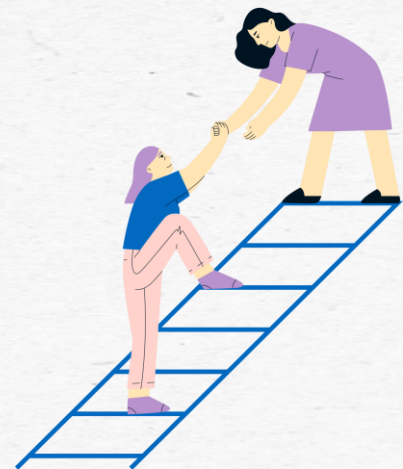
When considering their individual needs, I adapted their treatment, by using visual aids and analogies as they provide a simple way to understand new concepts introduced within treatment (Grave & Blisset 2004).

Using an intervention: graded exposure, I utilised the 'monster' analogy which was used a visual primary scale of measurement within her sessions, to hold up and show me if her monster (fear) was disappearing.

Visual aids were also used when explaining their decided exposure tasks to ensure they understood what the step was, with supporting images and simplified language to suit their age and individual needs (Hulme et al., 2014)

Further sessions were granted to allow time to practice and consolidate understanding for different exposure tasks due to their age and cognitive ability.

Supporting parent resources (Cathy Cresswell) as a suggested read to continue their progress after completing treatment. Using these adaptations, the YP was able to access the sessions and make positive progress towards each exposure.



Core Mental Health Services Support

Anxiety

Low Mood/
Depression

DSH

Suicidal
Thoughts

Hearing
Voices

Trauma

Who Provides the support

Mental Health Practitioners :- 1:1 interventions, care planning, risk assessing

Psychologists:- Formulation of care, Psychological Interventions, supporting staff

Consultants:- Formulation of care, medication management

Therapists- Offering CBT for a range of conditions. EMDR Therapists, Family therapists and Art Therapists

Neuro Developmental Services

01

This is a diagnostic Pathway (For Autism and ADHD)

02

The pre and post diagnostic support is provided in the community

03

The clinicians do not carry out Mental Health Interventions:- These are provided in the CORE Team

How to Access the right support



Being aware that there are separate Pathways for Mental Health support and Diagnostic Assessments



You should not wait for the outcome of a diagnostic assessment if Mental Health Concerns are present



By being aware of the community support available and giving appropriate sign posting advise



Informing Team of need- Timely access, right support at the right time, reduces delays linked to the diagnostic services waiting list



CPD



8th June 2026 09:30-15:00	Shropshire SENCo Induction Training - Part 2 (part 1 is on 20th April 2026)	The Guildhall, Shrewsbury	N/A	This event can only be attended as part of the Shropshire SENCo Induction Training (20th April 2026)
11th June 2026 15:45-17:30	Understanding ADHD (Attention Deficit Hyperactivity Disorder) Click here for flyer Part 2 of this training is on 18th June 2026	Moreton Say CE Primary School, Moreton Say, Market Drayton	£40 for Shropshire schools (subsidised by SEND and AP Change Programme)	https://www.eventbrite.co.uk/e/1982438923185?aff=oddtcreator
18th June 2026 09:30-11:00	Shropshire Annual Review Training This training is mandatory. There are three alternative dates available: 16th January 2026, 5th March 2026 and 22nd April 2026	Online Teams meeting	Free	https://www.eventbrite.co.uk/e/1964844059474?aff=oddtcreator
18th June 2026 15:45-17:30	Understanding ADHD (Attention Deficit Hyperactivity Disorder) Click here for flyer This is part 2 of the training - part 1 is on 11th June 2026	Moreton Say CE Primary School, Moreton Say, Market Drayton	£40 for Shropshire schools (subsidised by SEND and AP Change Programme)	See 11th June entry for booking link.

CPD for SEND and Inclusion | Shropshire Learning Gateway

26th June 2026 09:30-11:30	Inclusive Strategies for Toileting Anxiety in Primary Education Click here for flyer	The Guildhall, Frankwell Quay, Shrewsbury	£40 for Shropshire schools (subsidised by SEND and AP Change Programme)	https://www.eventbrite.co.uk/e/1984382876602?aff=oddtcreator
3rd July 2026 13:00-15:00	Neuroinclusive Practice Network Meeting For schools and settings that have taken part in GAP training in 2025 or 2026	The Guildhall, Frankwell Quay, Shrewsbury	Free (for schools that have taken part in GAP training in 2025 or 2026)	https://www.eventbrite.co.uk/e/1984614627776?aff=oddtcreator
7th July 2026 15:45-17:30	Understanding ADHD (Attention Deficit Hyperactivity Disorder) Part 2 of this training is on 14th July 2026	Holy Trinity C of E Primary Academy & Nursery, Oswestry	£40 for Shropshire schools (subsidised by SEND and AP Change Programme)	https://www.eventbrite.co.uk/e/1982490673973?aff=oddtcreator
14th July 2026 15:45-17:30	Understanding ADHD (Attention Deficit Hyperactivity Disorder) This is part 2 of the training - part 1 is on 7th July 2026	Holy Trinity C of E Primary Academy & Nursery, Oswestry	£40 for Shropshire schools (subsidised by SEND and AP Change Programme)	See 7th July entry for booking link.

 talamo  Lexonic  EMPOWERING TECH

We love **SENCOS**



An event focused on **smarter SEN Provision** for Schools and Trusts

 Wed 10th June 2026

 Sheikh Zayed Theatre, LSE, London

**Scanning Pens is proud to partner
with Talamo on this event.**

This is a national event created by
SENCOs, for SENCOS.

Exclusive £20 Ticket Offer:

Through our partnership, we have
secured a strictly limited allocation of 100
tickets for schools within your local
authority, available at a £20 delegate fee.

Exclusive Partner Tickets (£20):

[\[Ticket link\]](#)



Annual survey

Survey

- The survey aims to gather your reflections on the EQA (Education Quality Advisers) activities within your setting this year. Your responses will help us understand the impact and usefulness of EQA work and inform future support.

[EQA Feedback Survey – Fill in form](#)

