

Kids

Disabled children
say we can

Shropshire Autism Support Service Shropshire

Hello from the Kids Shropshire Team!

We are Dawn Lewis, Nicola King, Katy Perry, and Sophie Butler — a warm welcome to all our families and supporters.

It is that time of year again! Here is an update on what we have going on during November and December.



We offer a wide range of support from early years through to young adulthood, including:

- Workshops (online & face to face)
- Youth groups –for Lego therapy and Understanding Me – dates to be announced for November
- Parent support group – Coffee and connects in Shrewsbury, Shifnal and Oswestry – no need to book, you can just turn up
- Social connections and emotional wellbeing.

When the world puts up barriers for children and young people with SEND, Kids speaks up. Together, we say: “We can.”

I can

Kids Shropshire Universal Autism Support Service provides free, early intervention and person-centred support for families with autistic children and young people aged 0–19

Kids are on a mission to create a world where all children and young people – regardless of ability – have access to life-changing opportunities..

No diagnosis is needed to access our services . We support families with neurodiverse children, including those with ADHD and PDA.

We aim to:

- Improve understanding of autism
- Share practical support strategies
- Enhance emotional wellbeing and quality of life



Explore our services

‘Kids offer support across the UK. Visit our website to learn more:

[🔗 Kids Charity | Supporting Disabled Children and Young People](#)

For Shropshire-specific services, check out:

[🔗https://www.kids.org.uk/services/shropshire-universal-autism-support-service/](https://www.kids.org.uk/services/shropshire-universal-autism-support-service/)

How to Access Support

Getting started is easy, complete our quick referral form here;

[Kids Universal Autism Support Service Shropshire](#)

Once submitted, you’ll receive a link to book a triage call at a time that suits you. This call helps us understand your needs and how we can best support your family.



Dates for your Diary

Autumn term SEND Drop- Ins

Join us for an informal drop-in session where you can ask questions, get advice, and explore the support available to you within Shropshire.

Speak to a range of professionals who can help with:

- Education, health, and Care Plans (EHCPs)
- School support and advocacy
- Health and Wellbeing for children with SEND
- Social care and family support
- Mental health and emotional wellbeing
- Advice for navigating SEND challenges:

13 November 2025 – 10:00 –12:00 – Lantern, Shrewsbury

4 December 2025 – 13:00 – 15:30 – Oswestry Library, Oswestry

Each session will have different professionals available, so come along, have a chat, and find the help you need!

Dates for your Diary

Understanding Behaviours Training

11th November 2025 – 10-12 (Online)

An Intro to Neurodiversity Training

Thursday 11th Dec 10-11.30 (online)

Family Event

2 December – Attingham Mansion Christmas Trees – fully booked

Lego Group

From Thursday 6th November 4.15pm-5pm Shifnal Trinity Centre (Primary School age)

This will run for 5 weeks Every Thursday. Its a lovely afternoon full of fun Lego activities, encouraging children with their social/emotional and resilience skills

Contact us for availability and if you would like to go onto the list for the next groups which will take place in Shrewsbury.

Understanding Me

From Thursday 6th November 5.15pm – 6pm Shifnal Trinity Centre (Secondary school age)

This will run for 5 weeks Every Thursday. It will be a lovely evening where young People can have a get together, doing crafts, socialise and get to know and understand themselves.

Contact us for availability and if you would like to go onto the list for the next groups which will take place in Shrewsbury.

Coffee & Connects

Join us for a friendly, welcoming coffee morning for parent carers! Connect with others who truly understand your journey, share stories, swap advice, and enjoy a few laughs together.

Shropshire Support Drop in sessions

(See below for Flyer with Dates and Venues)

“ Together We say
We can! ”



What's New?

We had a lovely half term meeting lots of families at our Halloween event in Oswestry. The Dinky town and craft activities were enjoyed by all ages including us! The teens groups enjoyed a visit from Rock! Music School and we have created some budding musicians.

We have now begun our first ever 'Riding the Rapids' behaviour training in Shrewsbury. In Shifnal we have begun a Lego Therapy group for primary school aged children and also a group 'understanding me' for age 11-19 year olds. **We look forward to doing more sessions in the new year - keep an eye on our webpage for a form to register your interest.**

We have also been very busy presenting training to professionals, the training has been very popular and we have a waiting list for our Demand Avoidance and EBSA workshops.

Many of you have also signed up for our national training in Demand Avoidance, we will let you know when more dates are announced.

Stay connected with us on Facebook:
www.facebook.com/KidsShropshire




COFFEE & CONNECT



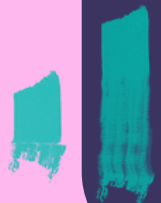
*November &
December*



Shifnal Trinity Centre-10.30-12
18th of November
&
9th of December



Shrewsbury Sunflower Hse - 12.30-2
14th of November
&
12th of December



Oswestry Memorial Hall 10.30-12
17th of November
&
15th of December

For more details and updates about these
events, please visit our website or follow us
on social media

Kids@shropshire.org.uk